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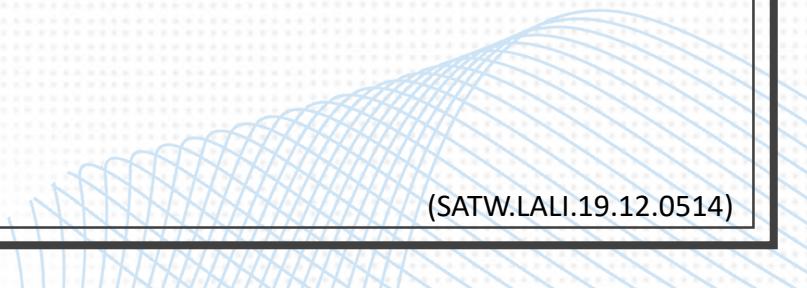
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Less is More: The Art of Fixed Ratio Combination



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沈峰志醫師
2020-07-12





Outline

01

Epidemiology of Type 2 Diabetes in Taiwan

02

FPG and Insulin role in glycemic control

03

When FPG control can not help patient to reach HbA1C goal

04

Benefits of Basal Insulin and GLP-1 RA combination therapy

05

Difference of short-acting GLP-1RA (Lixisentide)

06

New option for optimal glycemic control: SOLIQUA (iGlarLixi)

2019年健保



10大疾病排行

排行	疾病項目	醫療費用	就醫人數	人均就醫費用
1 1	慢性腎臟疾病	約 533.16 億元	39.7 萬人	13萬4157 元
2 2	糖尿病	約 309.6 億元	153.6 萬人	2萬150 元
3 3	齒齦炎及牙周疾病	約 180 億元	906.1 萬人	1987 元
4 4	齲齒	約 166.5 億元	577.9 萬人	2880 元
5 5	高血壓	約 140.2 億元	179.3 萬人	7829 元
6 6	到院抗腫瘤治療	約 134 億元	7.7 萬人	17萬3783 元
7 7	呼吸衰竭	約 125.1 億元	4.1 萬人	30萬2361 元
8 8	慢性缺血性心臟病	約 122.7 億元	38.2 萬人	3萬2083 元
9 9	思覺失調症	約 115.1 億元	10.6 萬人	10萬8473 元
10 12	支氣管及肺惡性腫瘤	約 110 億元	6 萬人	18萬3000 元

● 2019排名 ● 2018排名



蘋果新聞網 製表

資料來源：中央健保署

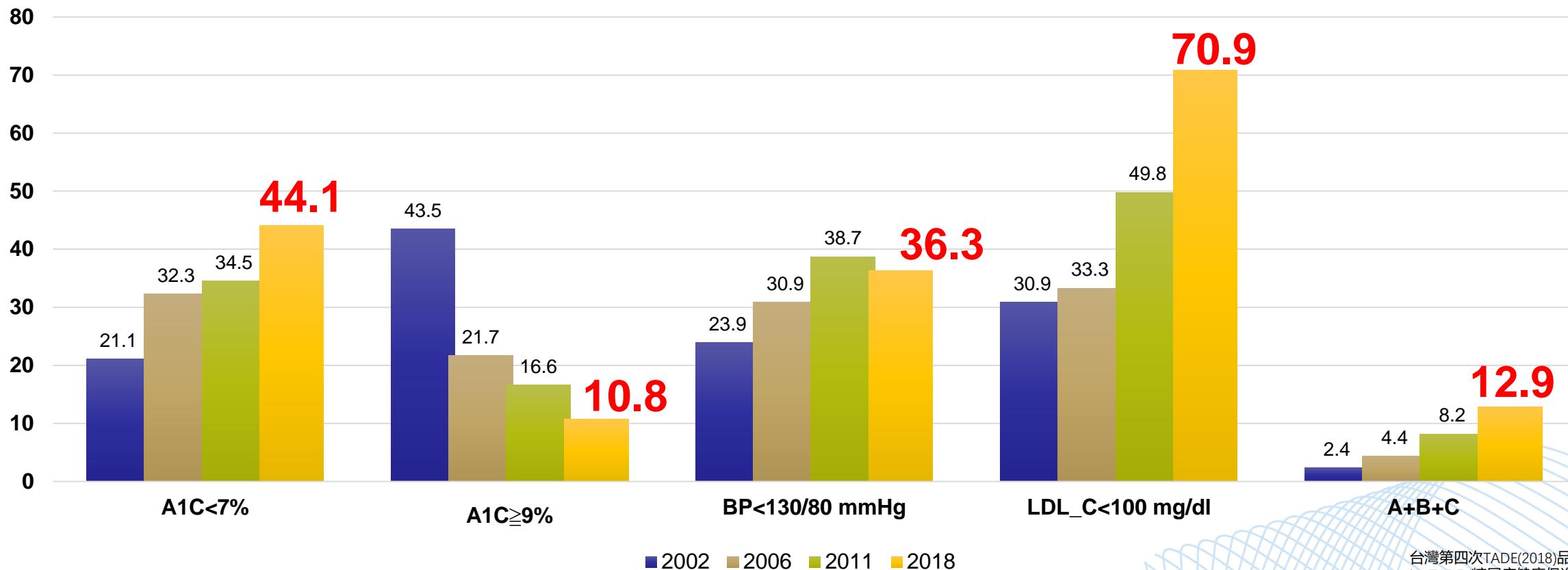
Current Disease Situation of Type 2 Diabetes in Taiwan



Current Disease Situation of Type 2 Diabetes in Taiwan

三高控制狀況-TADE 2002/2006/2011/2018調查

(N=5,855) A: A1C <7%、B: BP<130/80 mmHg、C: LDL-C<100 mg/dL

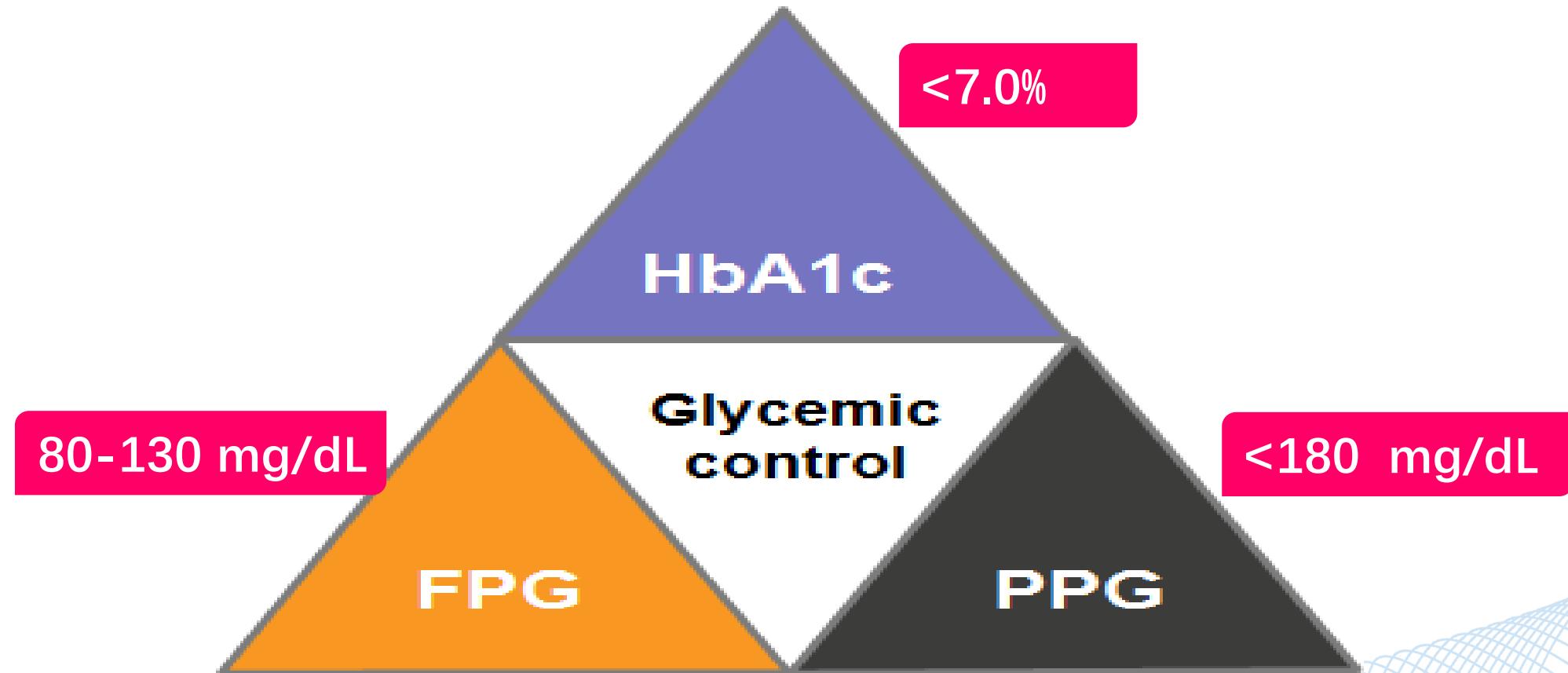




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Achievement of Glycemic Control is The Primary Goal of Treatment for T2DM



The Role Of Insulin in Glycemic Control-Taiwan Guideline

第 2 型糖尿病人高血糖的處理流程圖 (2020年修訂版)



Basal insulin

心血管實證 : 中立
心衰竭實證 : 中立
腎病變實證 : 中立
控制血糖效果 : 最佳
體重 : 增加
低血糖 : 高
副作用 : 低血糖



The Role Of Insulin in Glycemic Control



第二型糖尿病患者若在罹病第一年即搭配

胰島素 治療，和單用口服藥

相較之下，可讓胰島細胞功能增加一倍，糖化血色素下降的幅度更多，加強胰島素治療更能有效控制糖尿病併發症風險。

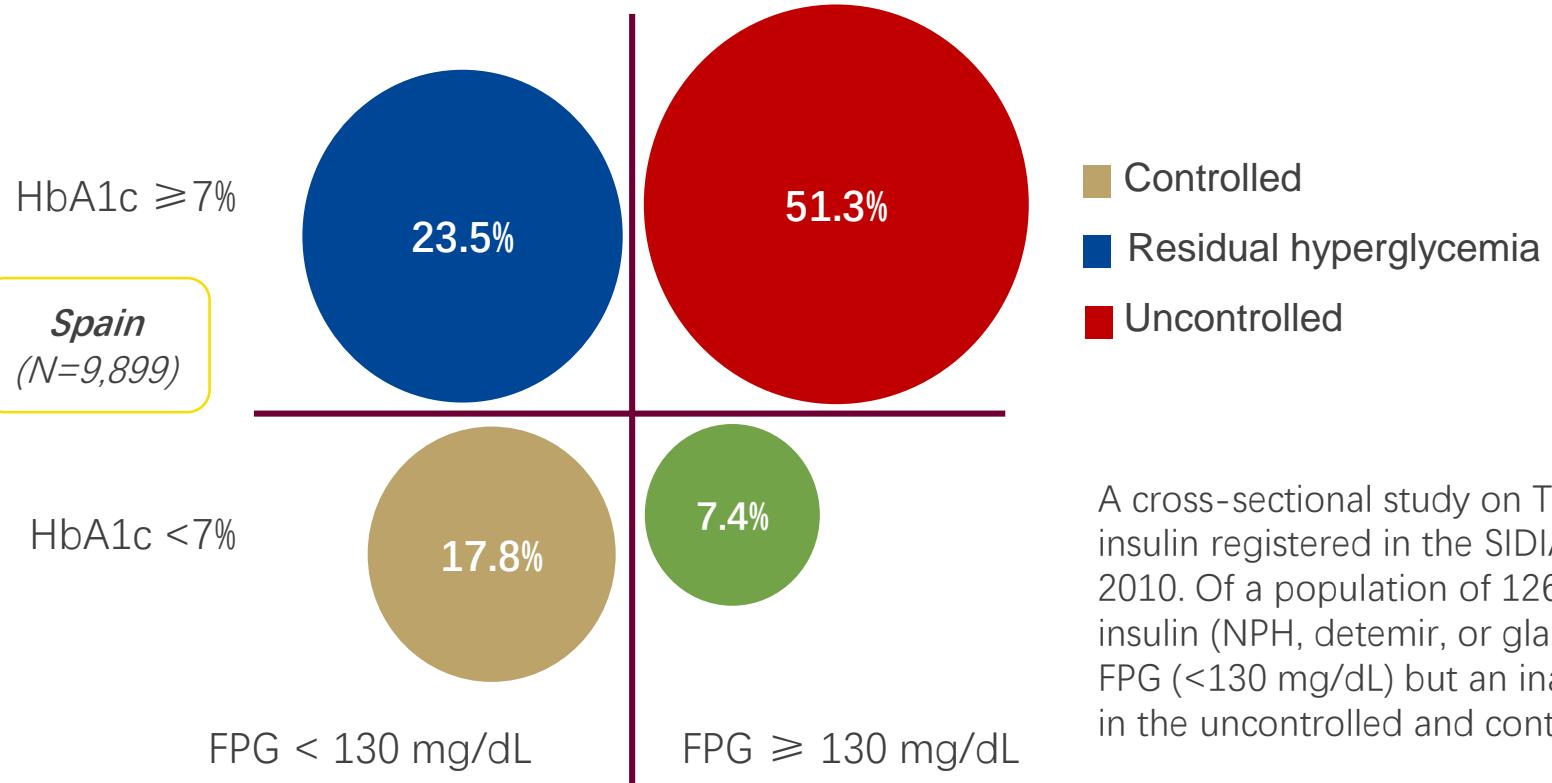


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~75% T2DM Patients on Basal Insulin Have Uncontrolled FPG and HbA1 or Residual Hyperglycemia

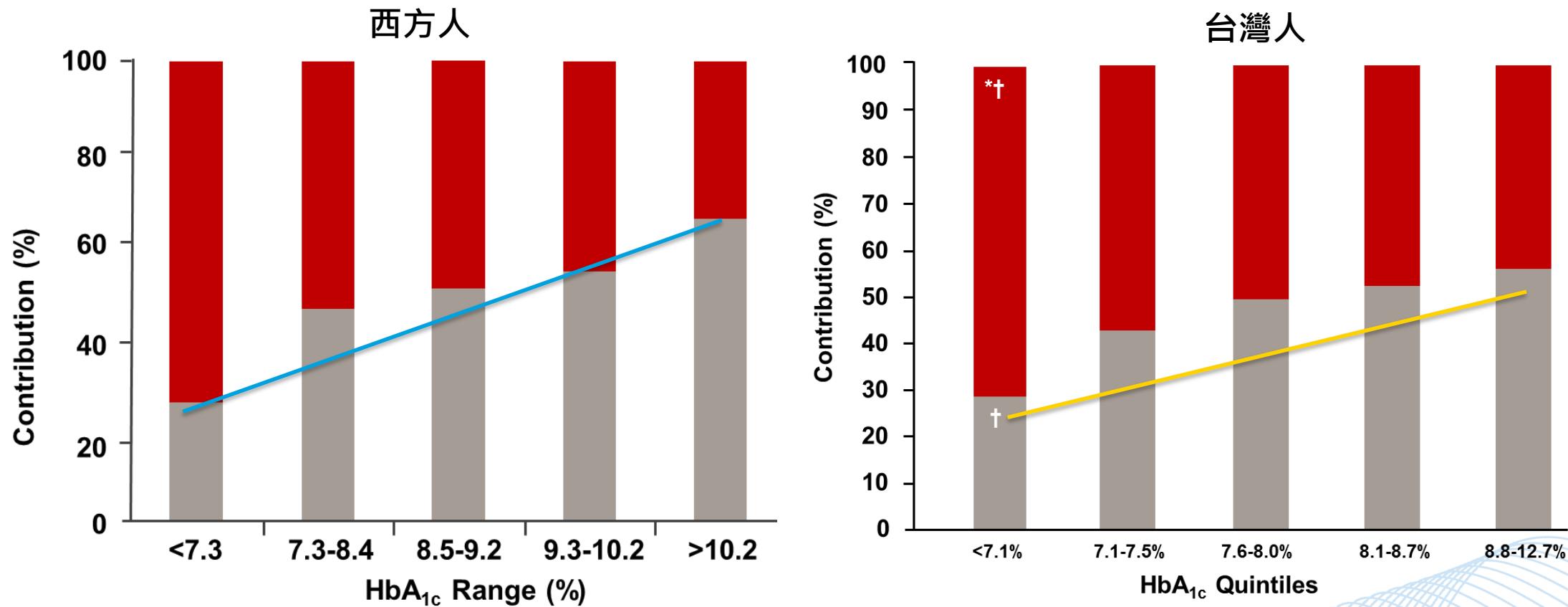
Distribution of the overall population according to HbA1c and FPG levels. Of a population of 126,811 T2DM subjects, **9,899 were treated with basal insulin (NPH, detemir, or glargine)**



Controlled defined as HbA1c at target (HbA1c $< 7\%$);
Residual hyperglycemia defined as HbA1c above target despite FPG at target (FPG $< 7.2/7.8 \text{ mmol/L}$ [$< 130/140 \text{ mg/dL}$]);
Uncontrolled defined as neither HbA1c nor FPG at target

A cross-sectional study on T2DM patients aged 31–90 years treated with basal insulin registered in the SIDIAPQ primary healthcare electronic database during 2010. Of a population of 126,811 T2DM subjects, 9,899 were treated with basal insulin (NPH, detemir, or glargine). Of these, 23.5% (n = 2322) achieved optimal FPG ($< 130 \text{ mg/dL}$) but an inadequate HbA1c target ($> 7\%$). Mean HbA1c values in the uncontrolled and controlled groups were 8.15% and 6.31%, respectively

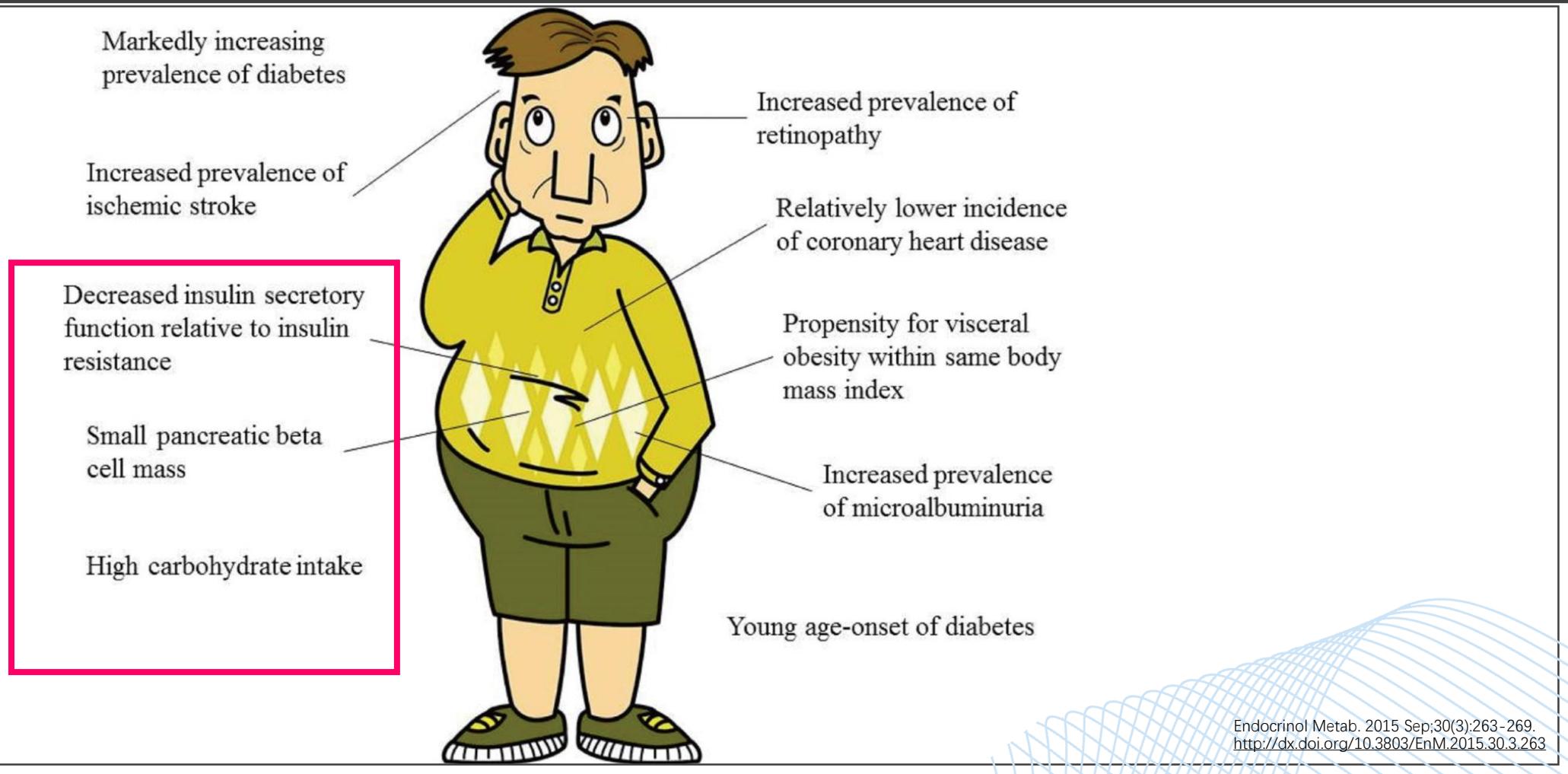
FPG/PPG Contribution to HbA1C Differs in Caucasians and Asian Type 2 Diabetes



*Significant difference between FBG and PPG; †Significant difference from all other quintiles.

1. Monnier L, et al. Diabetes Care. 2003;26(3):881-885. 2. Wang JS, et al. Diabetes Metab Res Rev. 2011;27(1):79-84.

Characteristics of Asian Patients with Diabetes



Basal Glucose Can Be Controlled, but the Prandial Problem Persisted. It's the Next Target!

Matthew C. Riddle

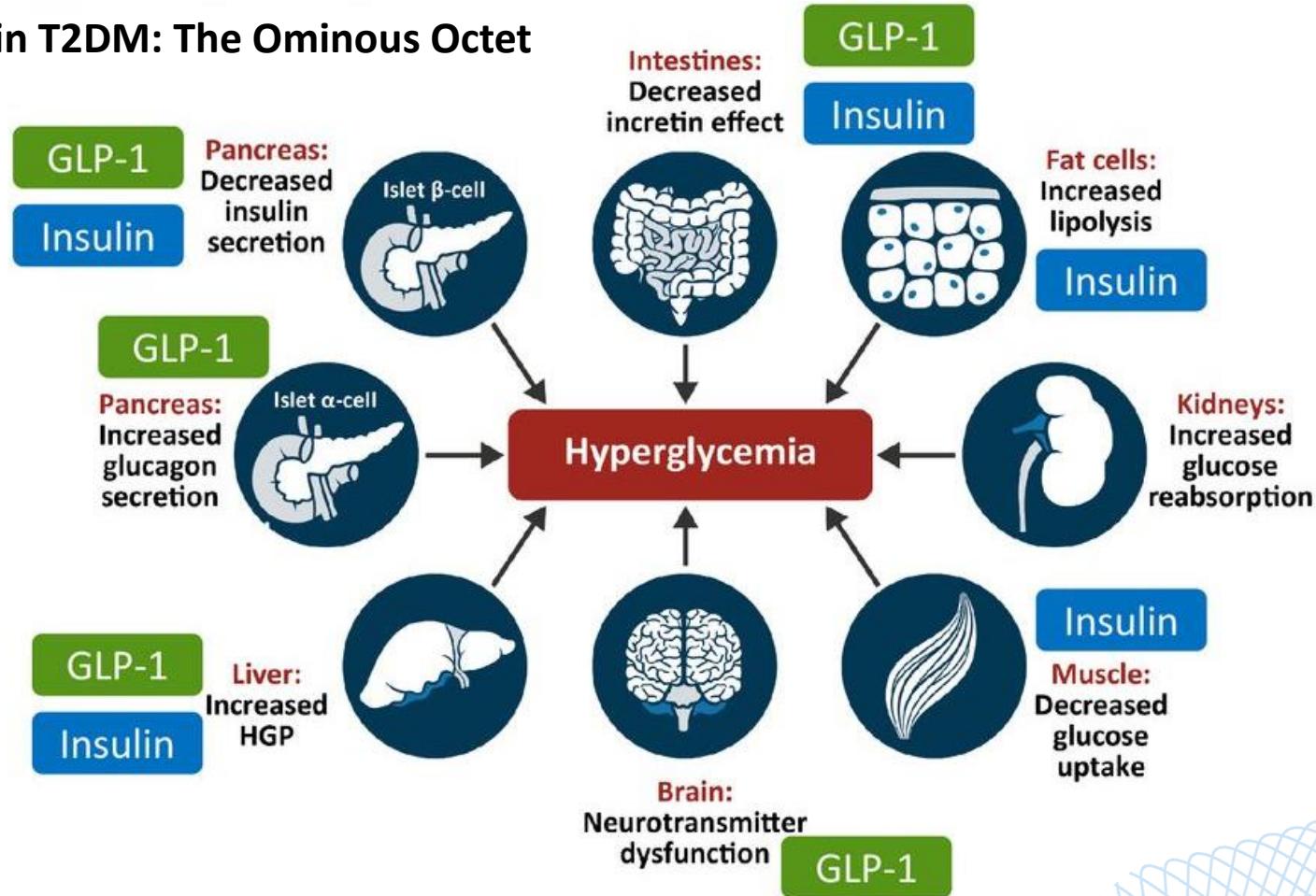


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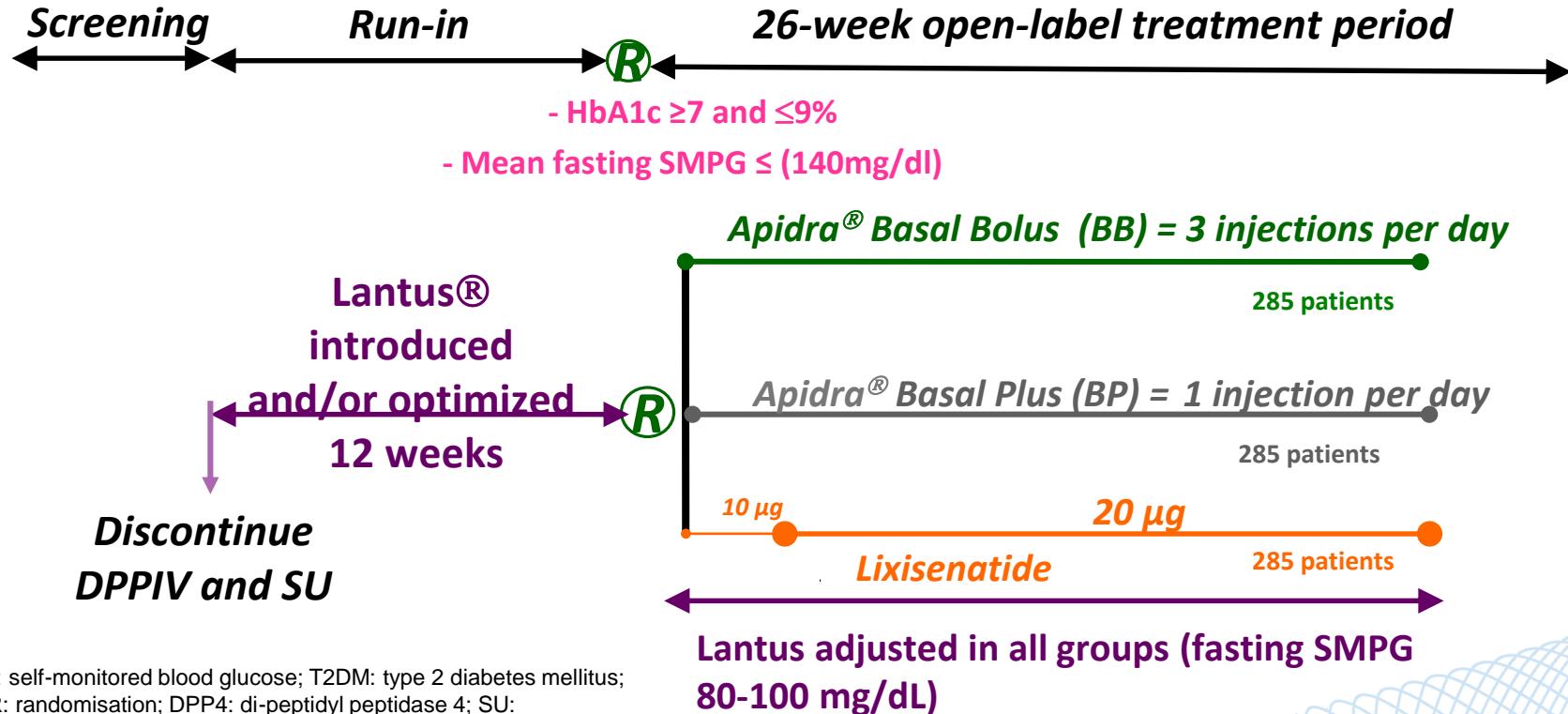
Benefits of Combination Therapy of Basal Insulin and GLP-1 RA

Pathophysiologic Defects in T2DM: The Ominous Octet



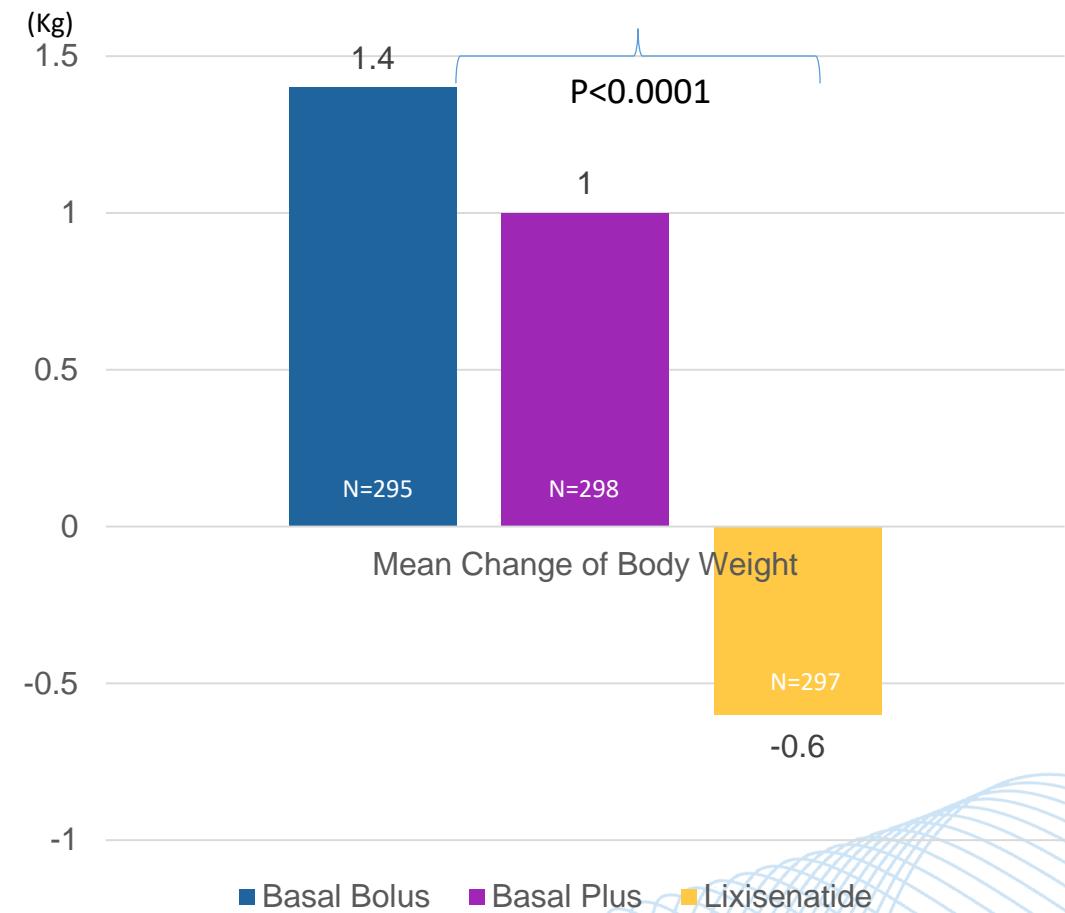
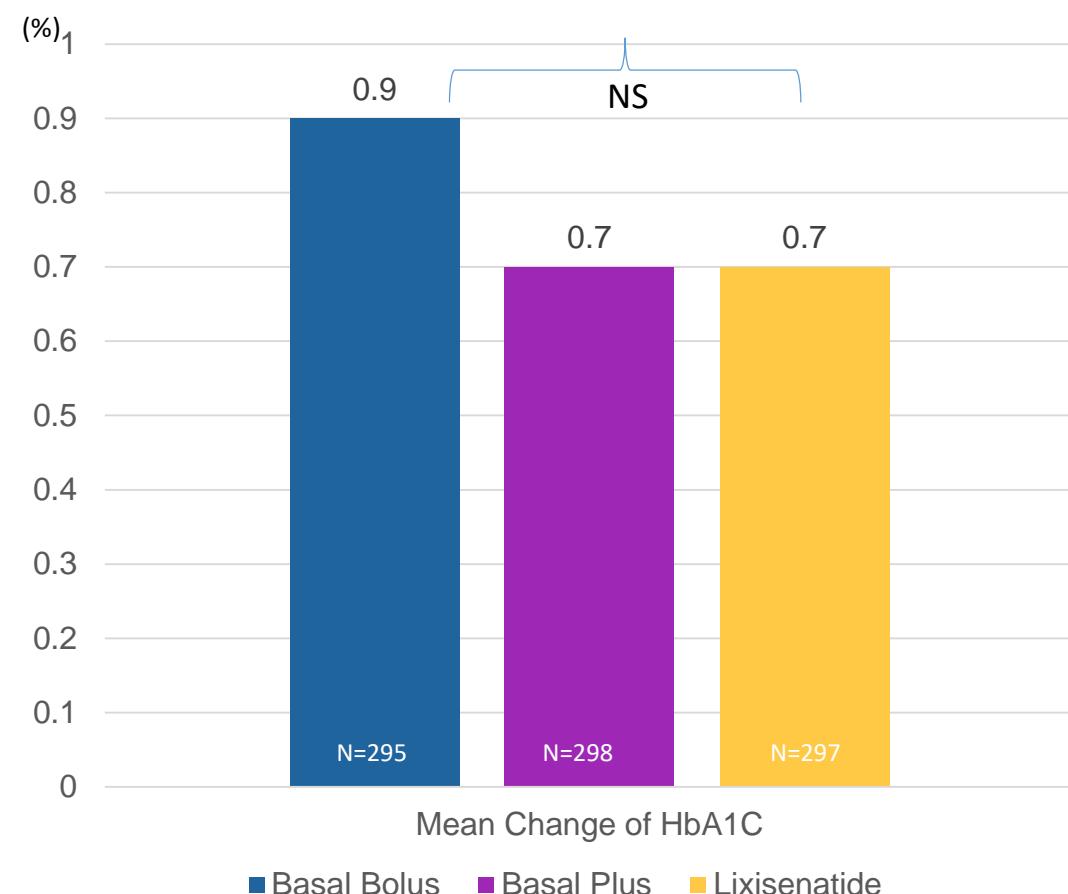
GetGoal-Duo 2: Basal Insulin/Lixisenatide Free Combination V.S BB/BP

- T2D patients
- Basal insulin \pm OADs

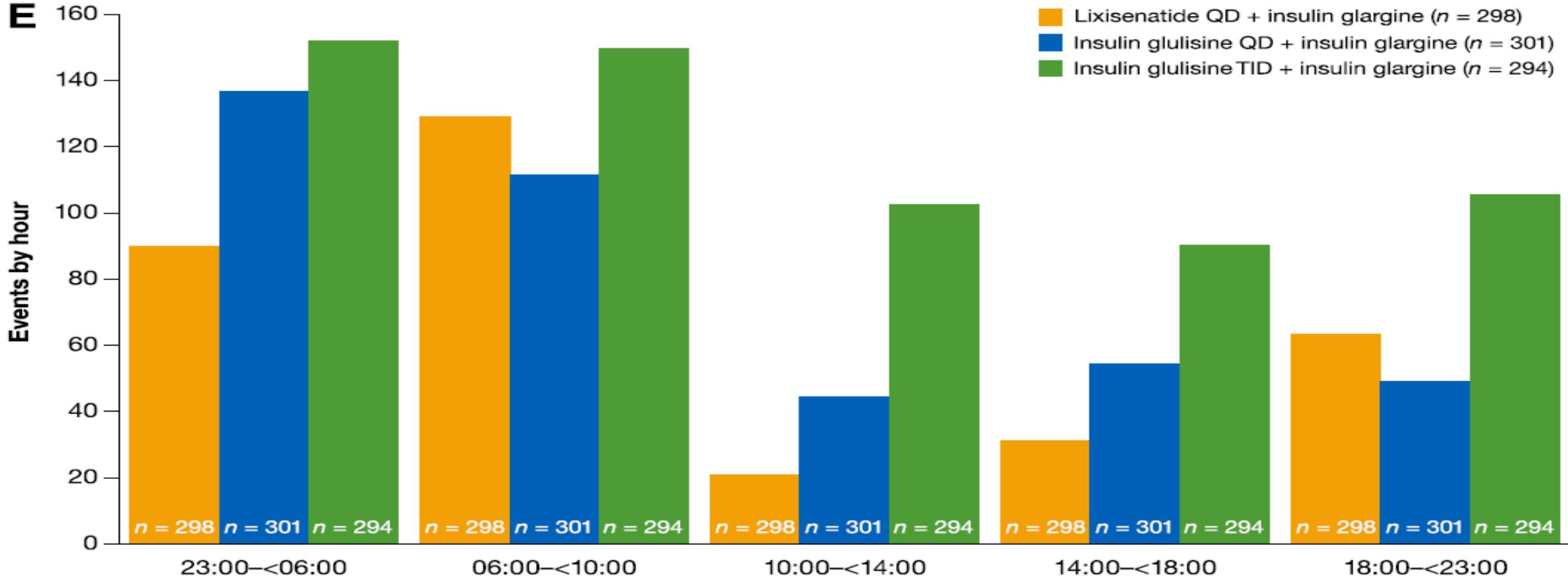


RAI: rapid acting insulin; SMBG: self-monitored blood glucose; T2DM: type 2 diabetes mellitus; OADs: oral antidiabetic drugs; R: randomisation; DPP4: di-peptidyl peptidase 4; SU: sulphonylurea.

Combination of Basal Insulin/Lixisenatide provides similar HbA1C control with less weight gain



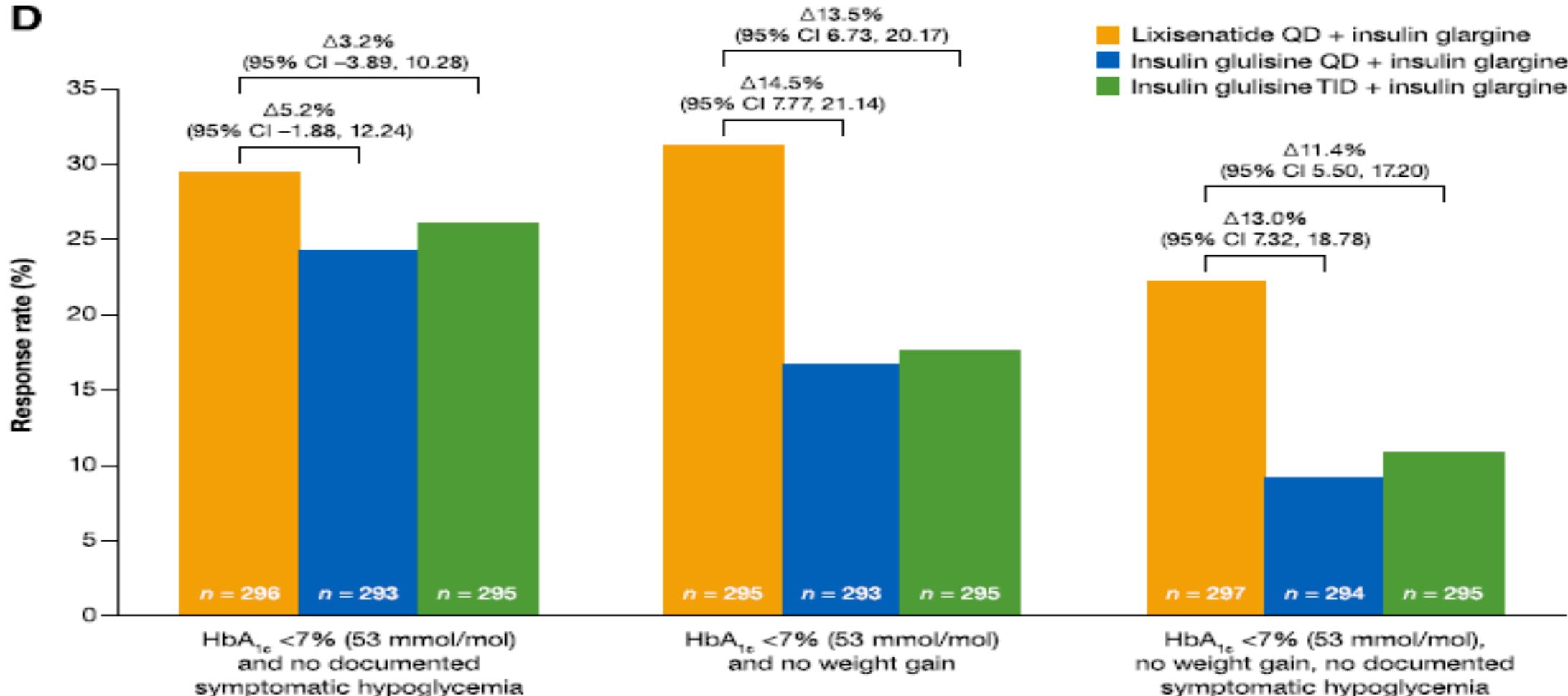
GetGoal-Duo 2: Hypoglycemia events by hour of the day at week 26



Data for symptomatic hypoglycemia per protocol (glucose <60 mg/dL]/recovery with oral carbohydrate if no glucose measurement available). All treatment arms with or without metformin; 70% of patients receiving lixisenatide or insulin glulisine once daily (QD) administered their dose in the evening. TID, thrice daily.

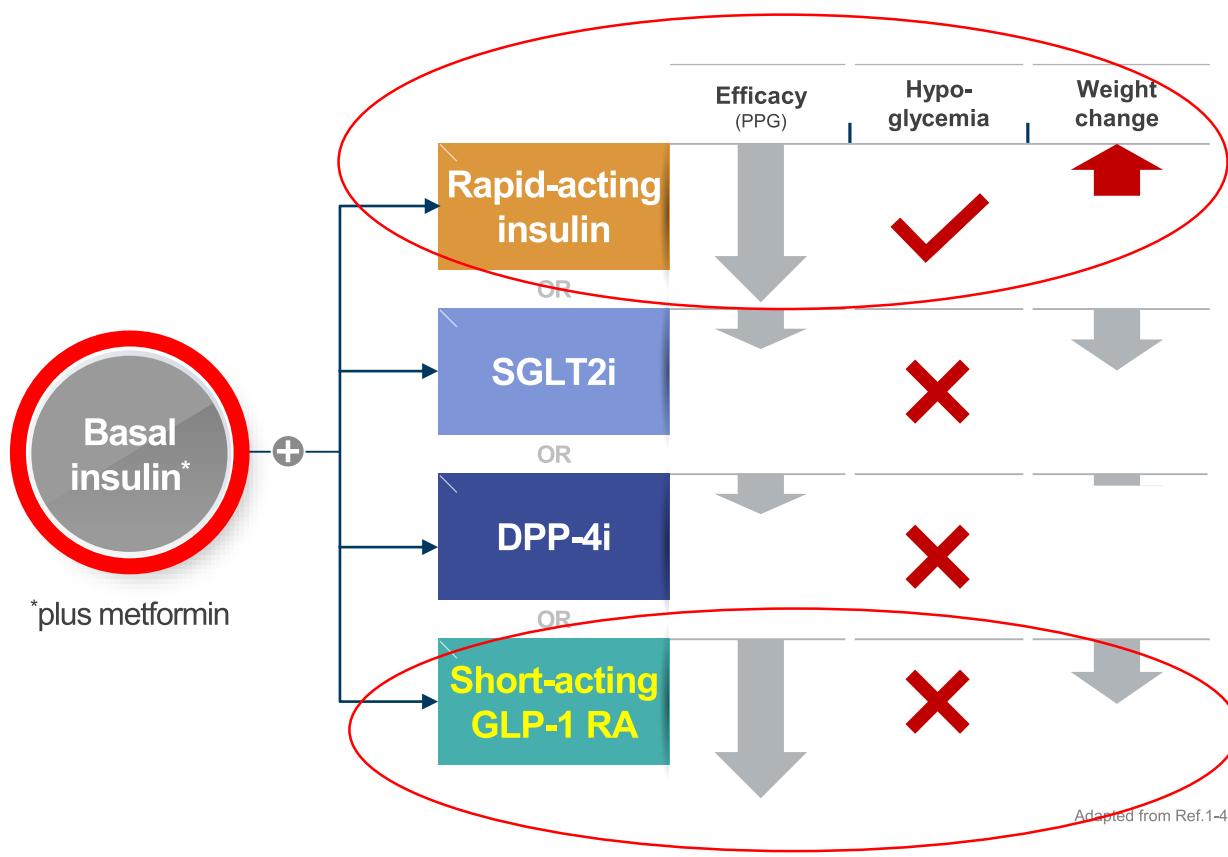
GetGoal-Duo 2: Glycemic Goal Attainment

D



Data for symptomatic hypoglycemia per protocol (glucose <60 mg/dL]/recovery with oral carbohydrate if no glucose measurement available). All treatment arms with or without metformin; 70% of patients receiving lixisenatide or insulin glulisine once daily (QD) administered their dose in the evening. TID, thrice daily.

Comparison of Available Intensification Options in Patients Suboptimally Controlled with Basal Insulin



⌚ Traditional approach of adding a prandial insulin increases the risk for hypoglycemia^{1,2}

⌚ GLP-1 RA more effective than DPP-4i or SGLT-2i at HbA1c lowering in patients with long-standing T2DM not achieving glycemic targets¹

1. Standard of Medical Care in Diabetes. 2018. Diabetes Care. 2018; 41(Suppl1):S1-S159
2. J Diabetes. 2016 Dec 15. [Epub ahead of print]
3. Clin Diabetes. 2015 Oct;33(4):175-80
4. J Korean Diabetes 2015;16:252-259

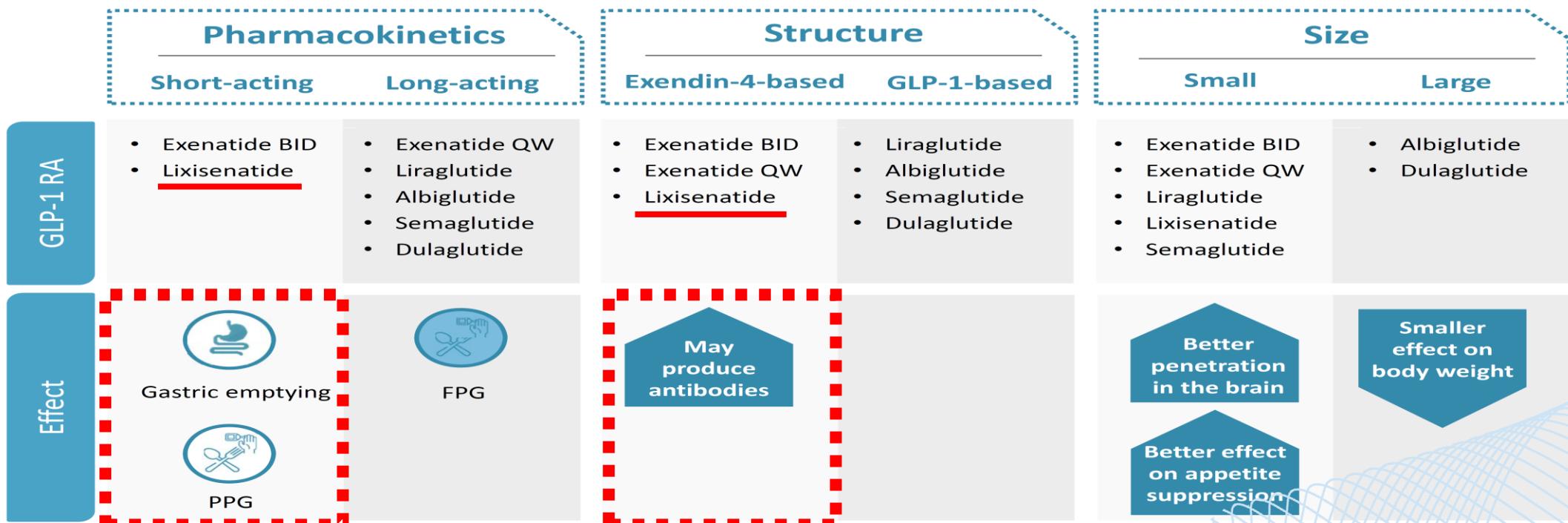


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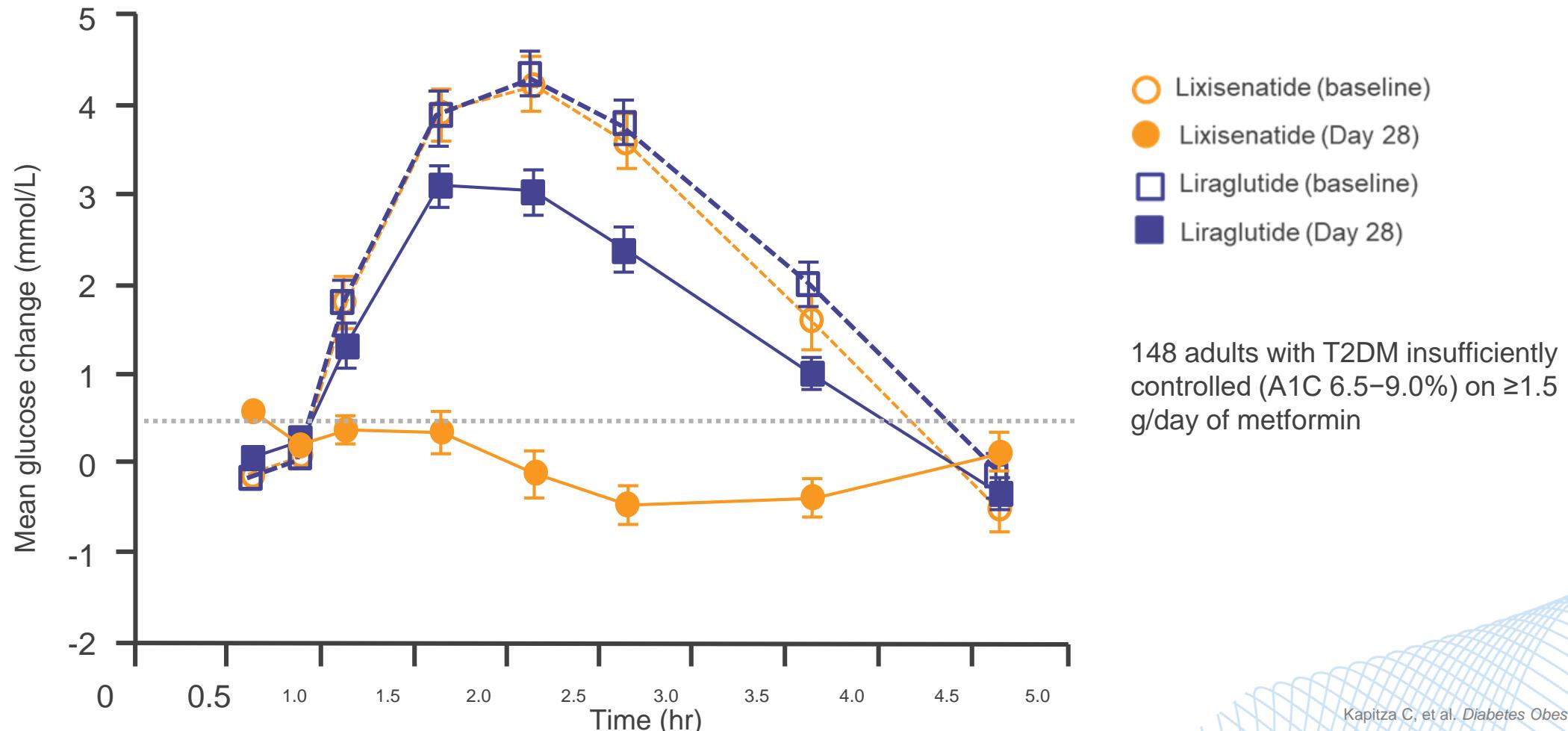
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SOLIQUA (iGlarLixi)

Difference Mechanisms of GLP-1 RA-Taiwan Guideline

類升糖素肽-1 受體促效劑的比較



Lixisenatide Demonstrates Better Postprandial Glucose Lowering Effects Than Liraglutide

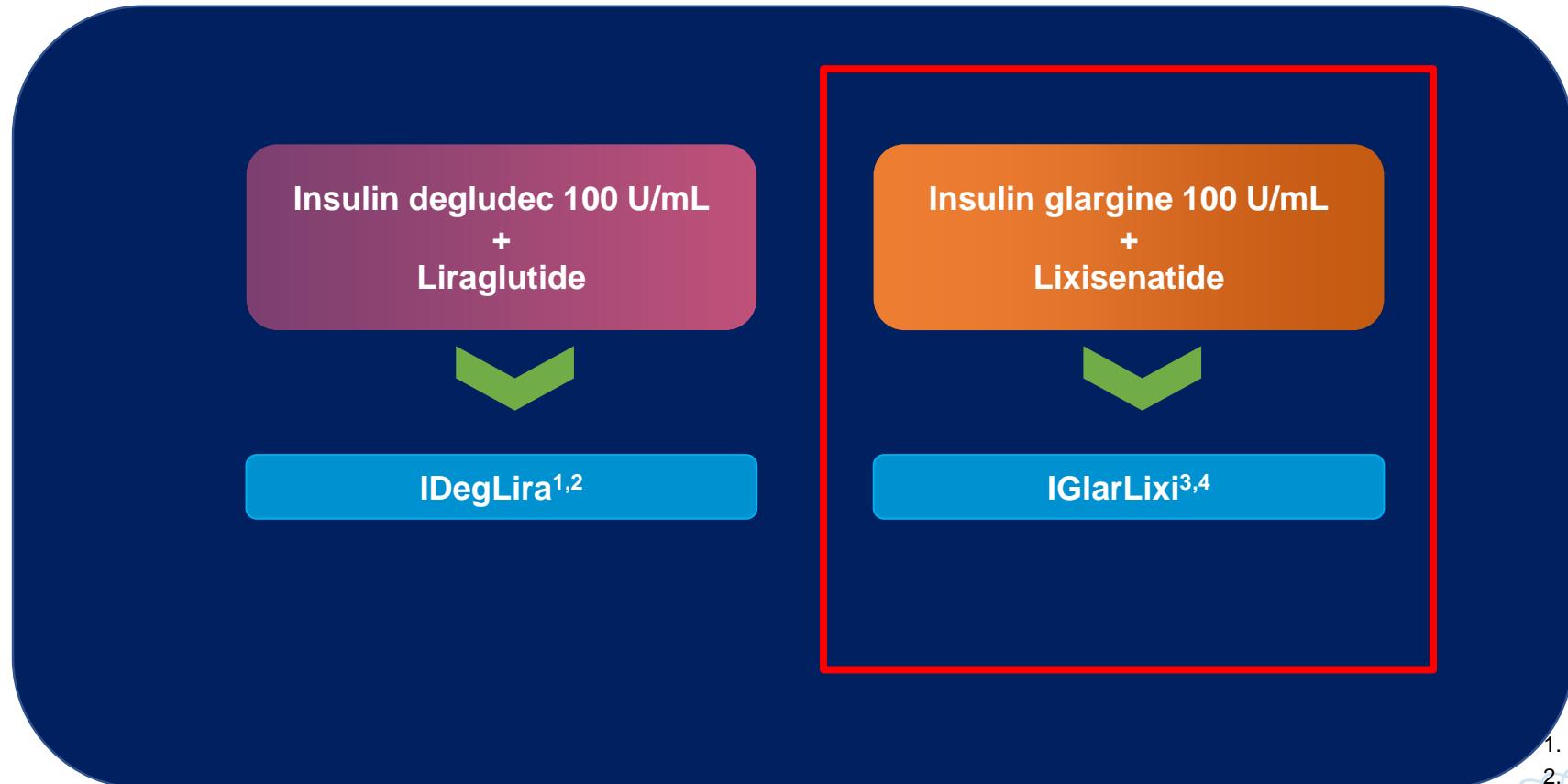




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SOLIQUA (iGlarLixi)**

Two Basal Insulin / GLP-1 RA Fixed Ratio Combination Therapies Developed To Date



1. Gough S, et al. *Lancet Diab Endocrinol* 2014;2:885–9
2. Buse JB, et al. *Diabetes Care* 2014;37:2926–33
3. Rosenstock J, et al. *Diabetes Care* 2016;39:2026–35
4. Aroda VR, et al. *Diabetes Care* 2016;39:1972–80



Table 1 Studies evaluating the efficacy of IDegLira and IGlarLixi in patients with diabetes mellitus type 2 inadequately controlled with oral medication and insulin naïve

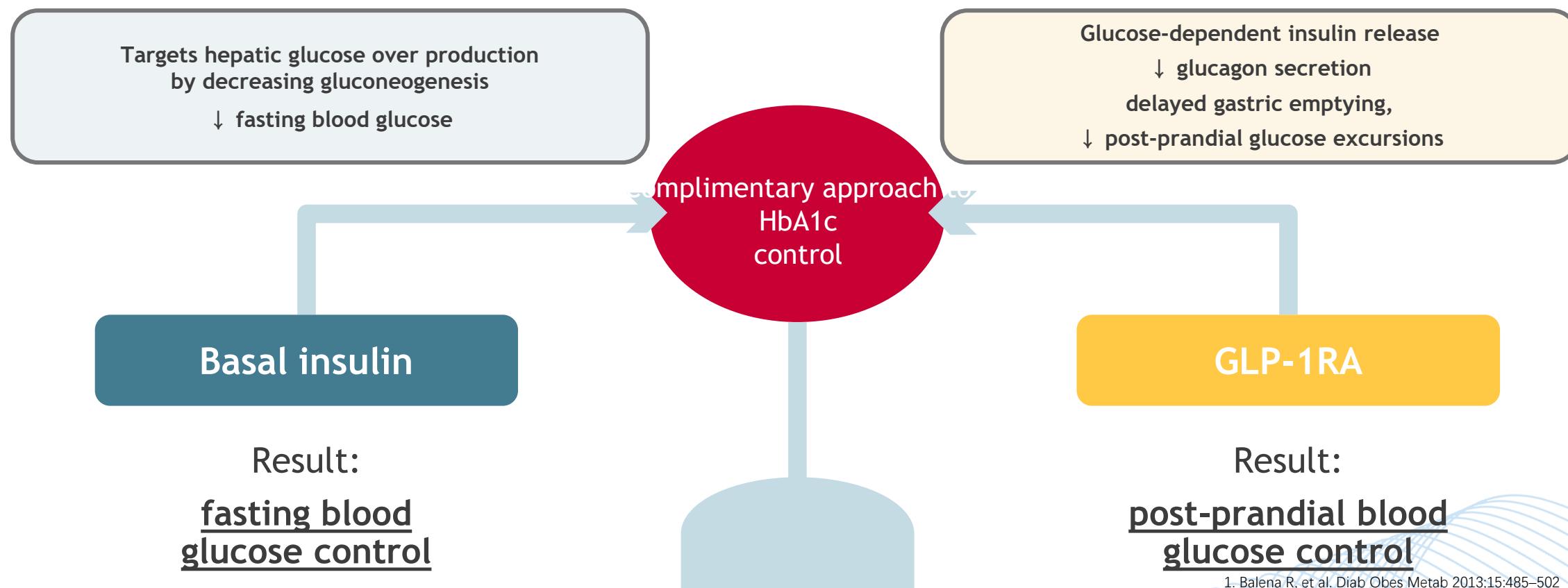
Study	DUAL-1			LixiLan-O		
	IDegLira	Degludec	Liraglutide	IGlarLixi	Glargine U100	Lixisenatide
Duration	26 weeks			30 weeks		
Population	1663 T2DM adults, A1c 8.3 ± 0.9 ; BMI 31.2 ± 4.8 kg/m 2 , metformin \pm pioglitazone			1170 T2DM adults, A1c 8.2 ± 0.7 ; BMI 31.7 ± 4.4 kg/m 2 , metformin \pm pioglitazone		
Δ A1c	-1.9	-1.4	-1.3	-1.6	-1.3	-0.8
Final A1c (week 30)	6.4 ± 1.0	6.9 ± 1.1	7.0 ± 1.2	6.5 ± 0.8	6.8 ± 0.8	7.3 ± 0.9
Δ body weight (kg)	-0.5 ± 3.5	$+1.6 \pm 4.0$	-3.0 ± 3.5	-0.3 ± 0.2	$+1.1 \pm 0.2$	-2.3 ± 0.3
% A1c < 7%	81	65	60	74	59	33
% A1c < 7% without weight gain	46	21	54	43	25	28
% A1c < 7% without hypoglycemia	60	41	58	53	44	30
% A1c < 7% without weight gain or hypoglycemia	36	14	52	32	19	26
Hypoglycemia (%) ^a	32	39	7	26	24	6

爽胰達 Soliqua®



Composition	Soliqua SoloStar® 300 units of insulin glargine and 150 µg lixisenatide in 3 mL solution (100 units/mL + 50 µg/mL)
Lixisenatide concentration	50 µg/mL
Ratio Glargine: lixisenatide	2 IU : 1 µg
Dose range	10 IU to 40 IU insulin glargine 10-40 units 合併 lixisenatide 5-20 µg
Color	Peach 黃桃色

The Complementary Modes of Action of Basal Insulins and GLP-1 RAs Provide Control of Both FPG and PPG



1. Balena R, et al. Diab Obes Metab 2013;15:485–502
- 2 Baggio LL and Drucker DJ. Gastroenterol 2007;132: 2131–57
3. Wang Z, et al. Diab Care 2010;33:1555–60;
4. Holst JJ, et al. Physiol Rev 2007;87:1409–39

LixiLan-L: T2DM Patients Uncontrolled on Basal Insulin ± OADs

Two randomized, open-label, active controlled, parallel-group trials have been completed

LixiLan-L

iGlarLixi demonstrated superiority over iGlar on HbA1c reduction in patients previously treated with iGlar, with a safety profile reflecting those of iGlar and lixisenatide¹

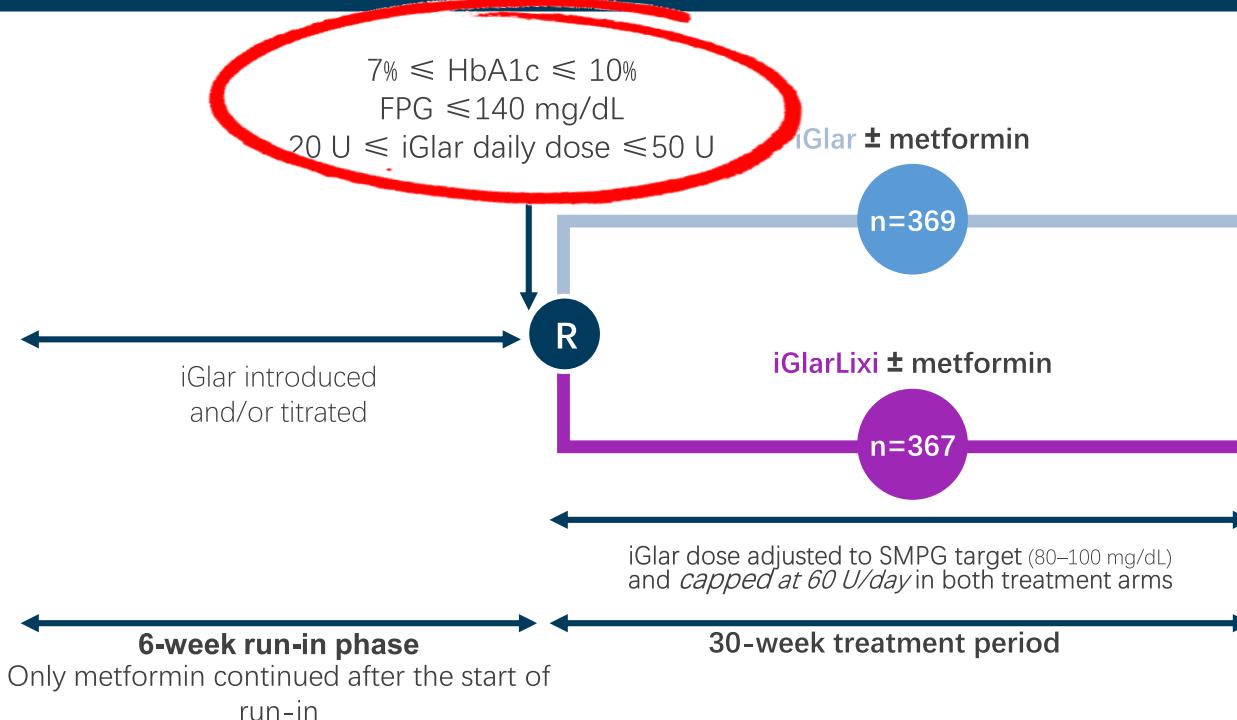
LixiLan-O

iGlarLixi demonstrated superiority over iGlar or lixisenatide on HbA1c reduction in patients previously treated with metformin ± other OADs, with a safety profile reflecting those of iGlar and lixisenatide²

LixiLan-L: Patients with T2DM Not Controlled on Basal Insulin ± OADs

DESIGN: Randomized, open-label, parallel-group, 30-week treatment study

- T2DM patients with:
- Basal insulin >6 months
- Stable dose 15–40 U/day ± OADs
- HbA1c ≥ 7.5%–10%
- FPG ≤ 180–200 mg/dL

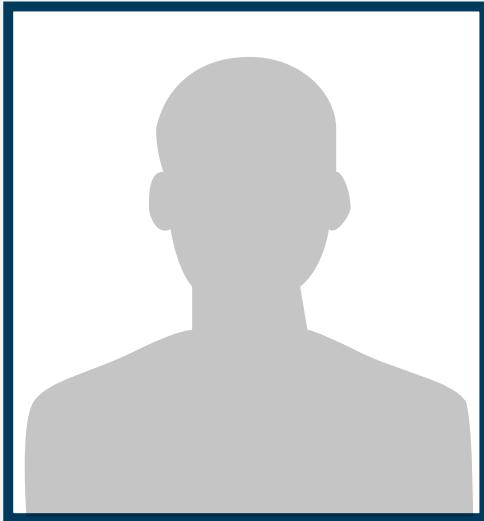


Primary objective:

Superiority of iGlarLixi over iGlar in HbA1c change at Week 30

LixiLan-L: Enrolled Patients Uncontrolled on Basal Insulin^{1,2}

Average Patient at Baseline*



Age

59.6 years

BMI

31.3 kg/m²

(57.5% of patients had a BMI of
≥30 kg/m²)

Diabetes duration

12 years

Duration of basal insulin

3.1 years

A1c at baseline

8.1%

FPG at baseline

132 mg/dL

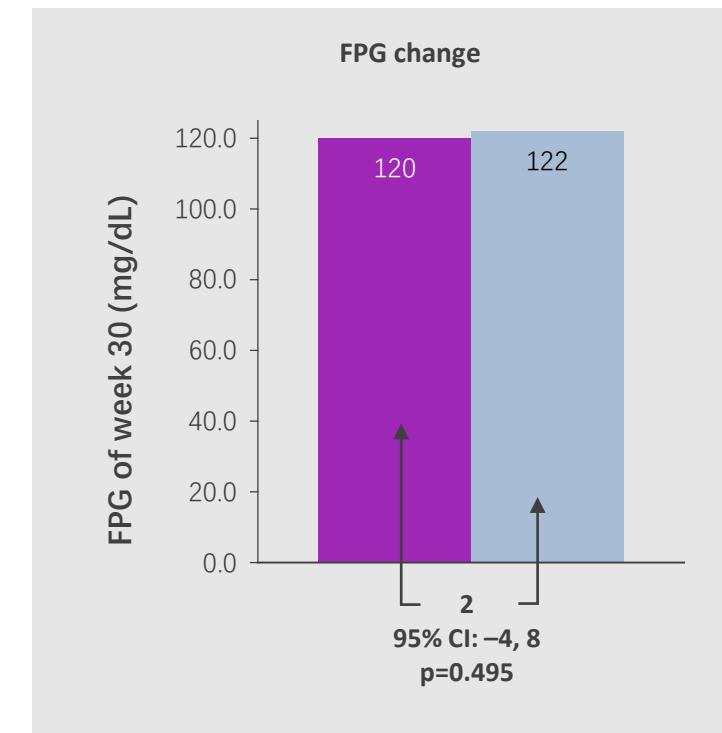
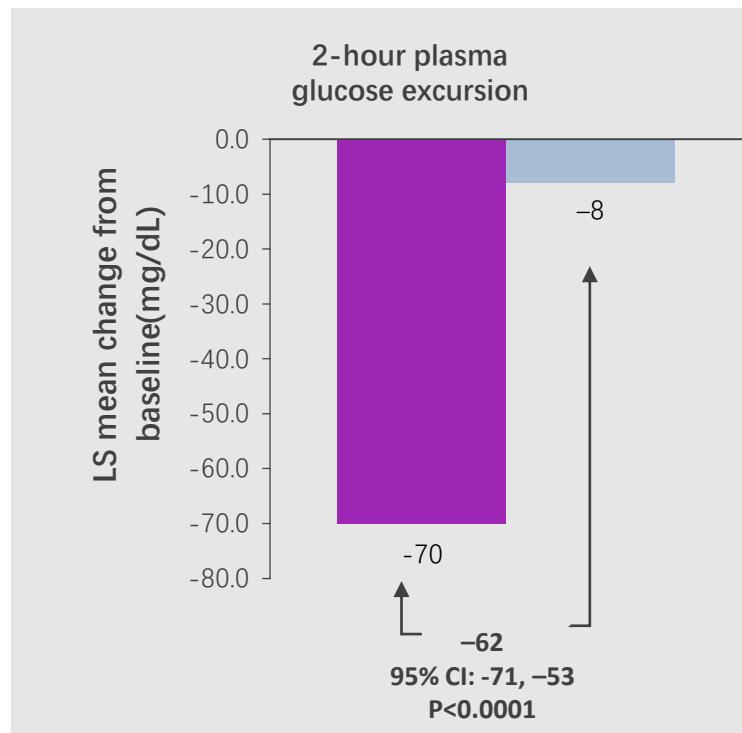
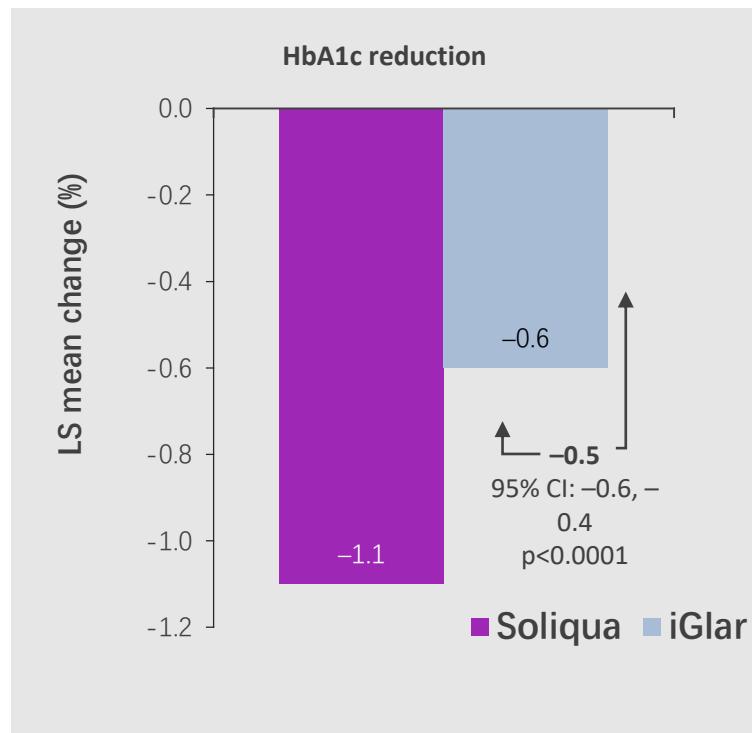
iGlarLixi was studied in patients with T2DM uncontrolled despite several years on basal insulin and up to 2 OADs

*Data are presented as the mean ± SD, or as indicated. A1c: glycated hemoglobin; BMI: body mass index; FPG: fasting plasma glucose; OAD: oral antidiabetic; T2DM: type 2 diabetes mellitus.

1. Aroda VR et al. *Diabetes Care*. 2016;39:1972-1980
2. Sanofi. Data on file. 2015.

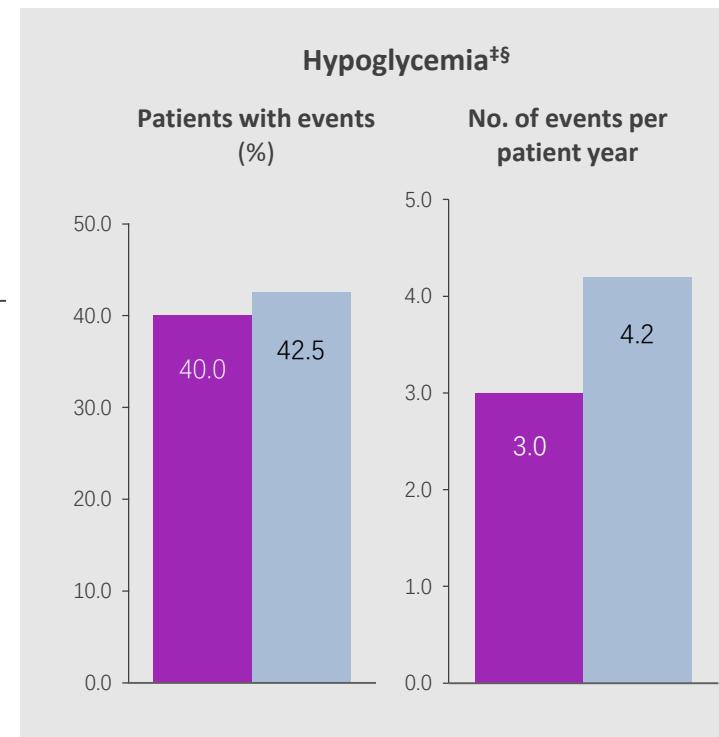
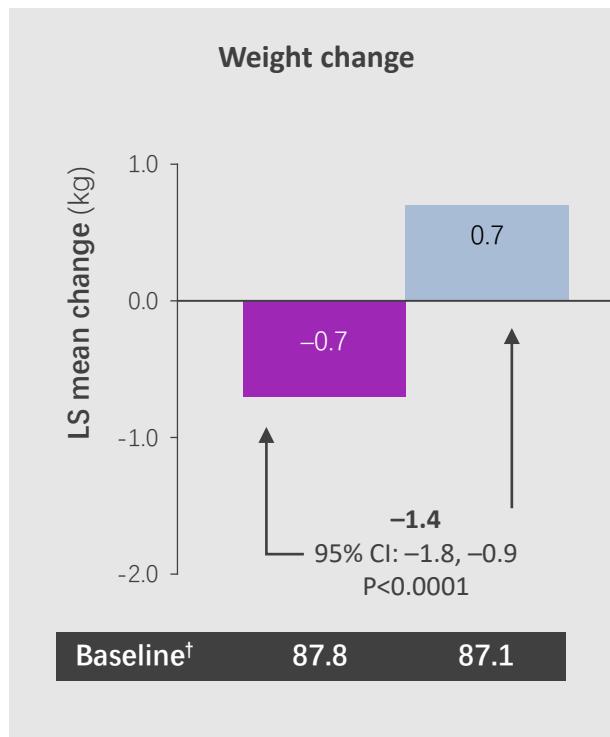
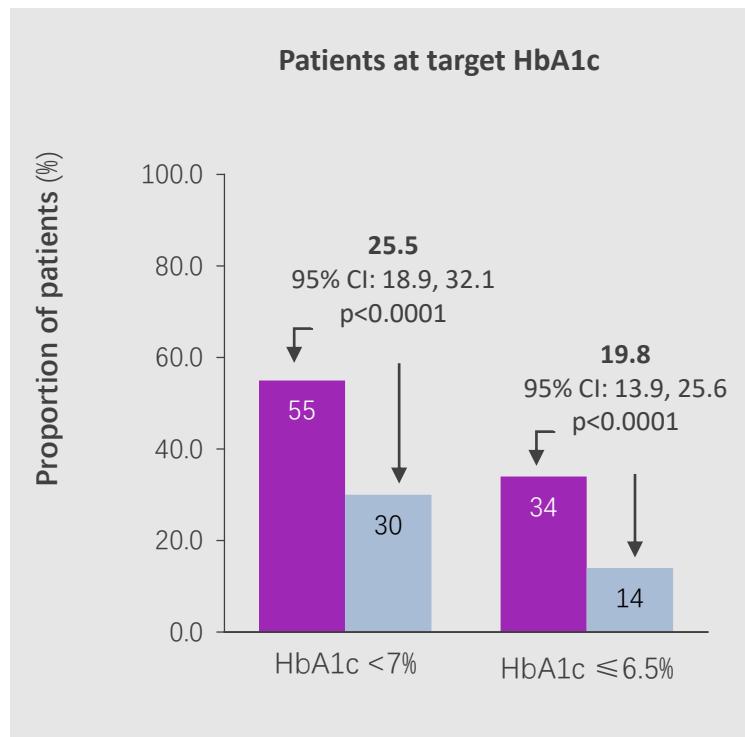
LixiLan-L: Key Results

Soliqua Provides Better Glycemic Control Than iGlar



LixiLan-L: Key Results

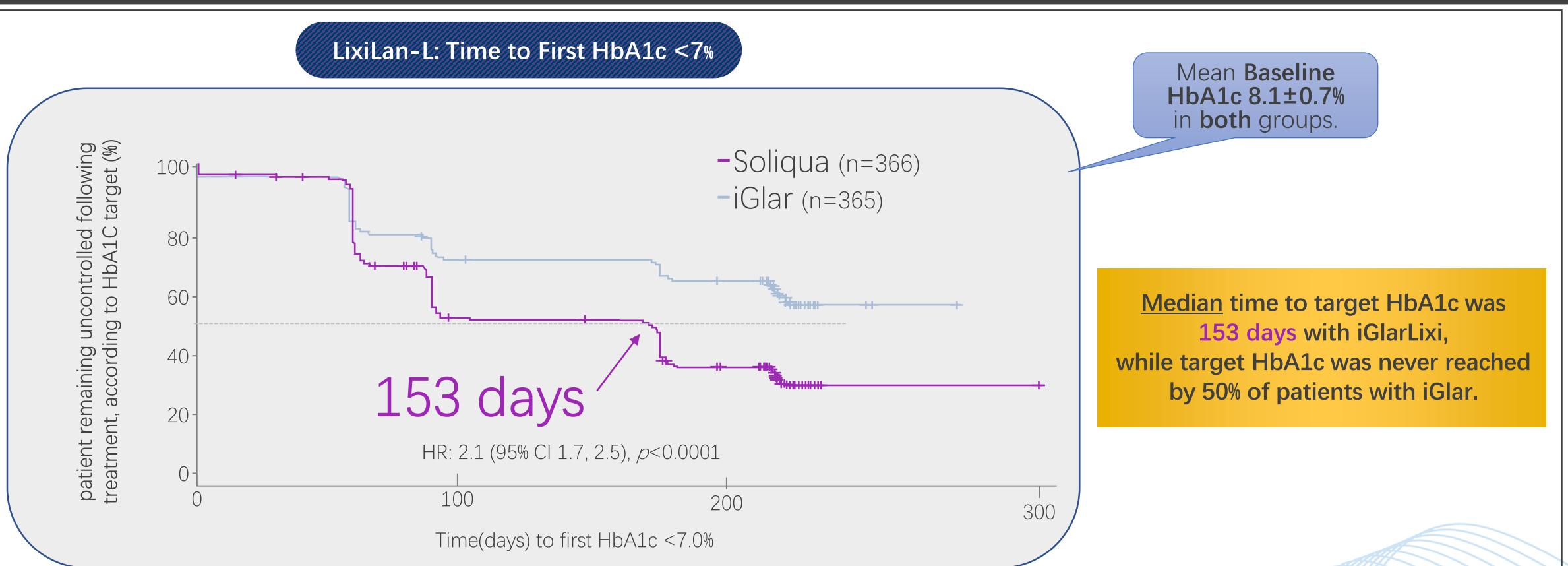
Soliqua Provides Better HbA1C Achievement Rate and Body Weight Reduction



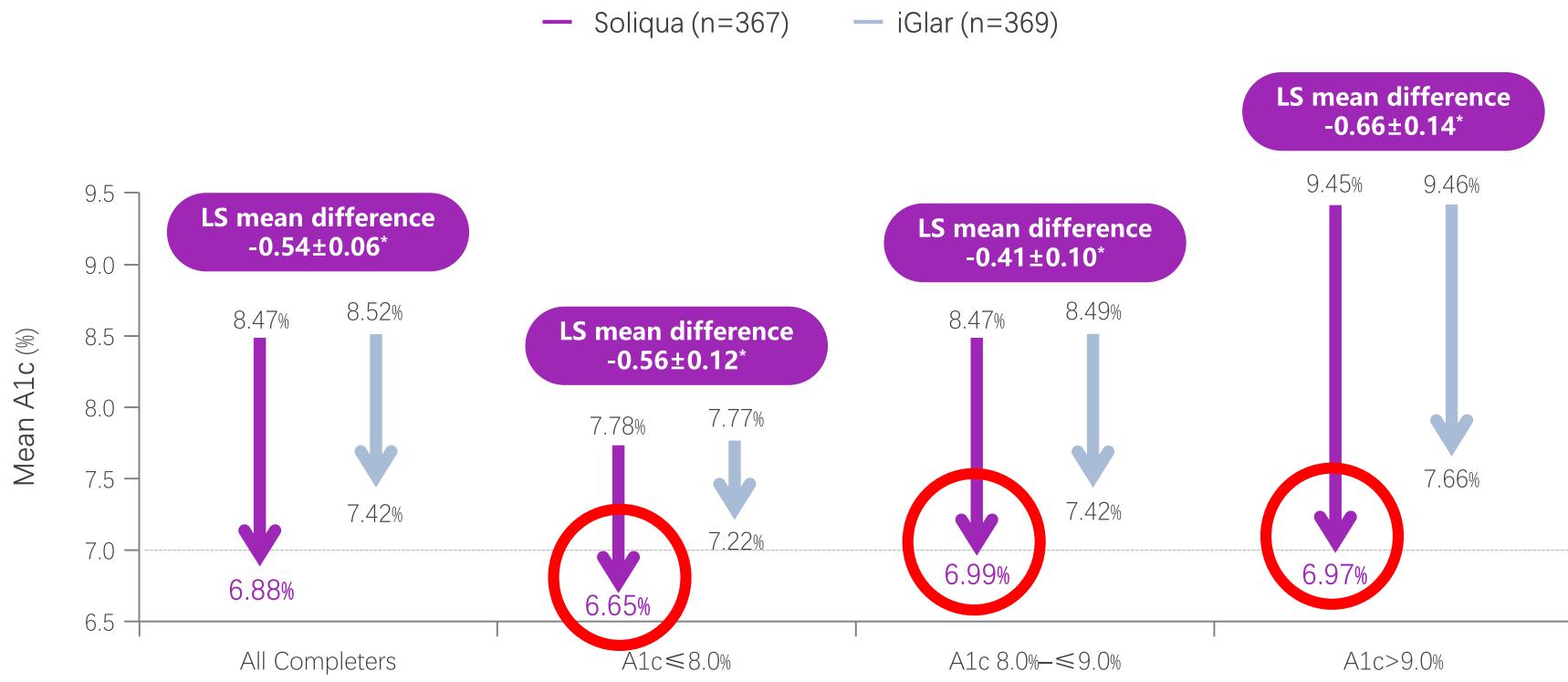
[†] Mean body weight (kg) at baseline; [‡]Documented symptomatic hypoglycemia, defined as plasma glucose ≤ 70 mg/dL

[§] Severe hypoglycemia was reported in 4 (1.1%) patients in the iGlarLixi group and 1 (0.3%) patient in the iGlar group

Shorter Time to Glycemic Control with Soliqua vs. iGlar Alone



Soliqua Helps T2DM Patients Reach HbA1C Goal Even Patients Are Under Poor Control (HbA1C>9%)



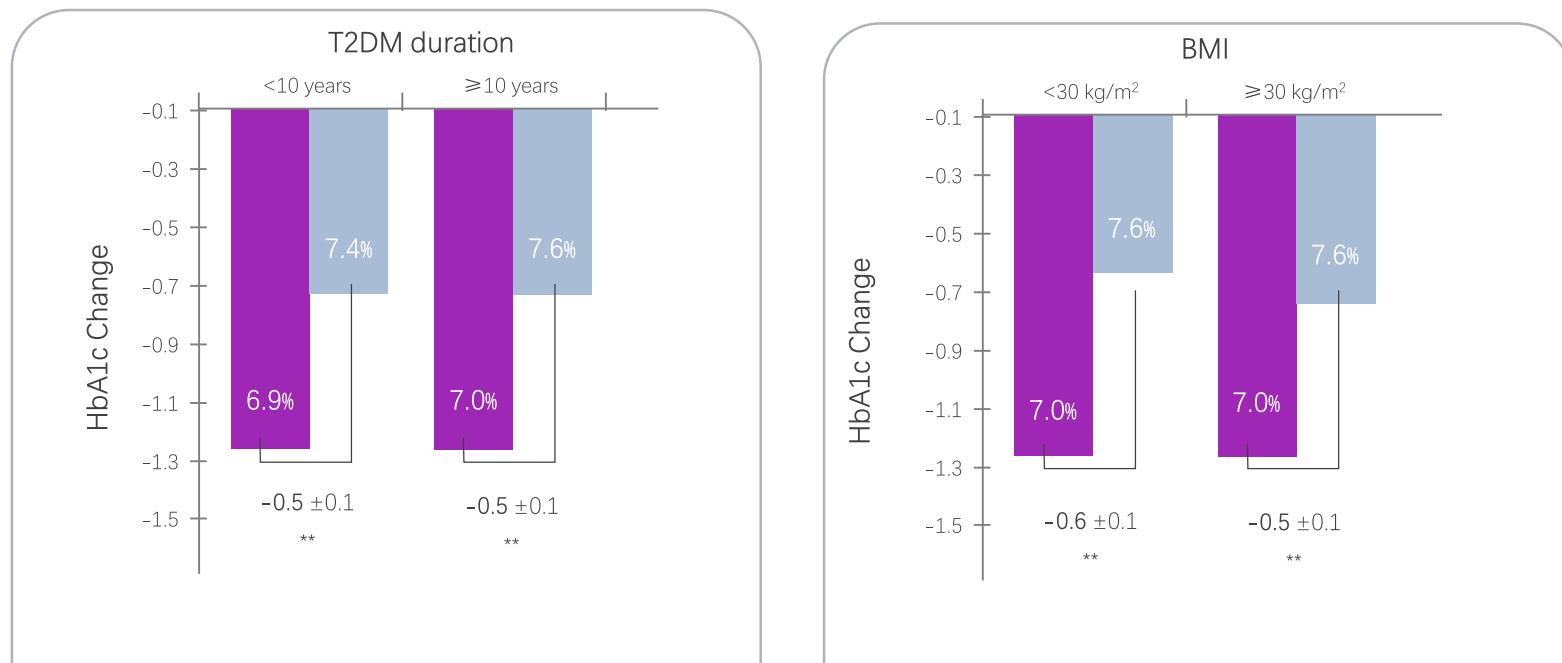
Consistent
superiority of
Soliqua vs. iGlar in
HbA1c change
irrespective of initial
HbA1c level

Modified intent-to-treat population. * $P<0.0001$ for difference in LS mean \pm SE from screening to Week 30 for SOLIQUA 100/33 vs insulin glargine 100 Units/mL.
A1c: glycated hemoglobin; LS: least squares; SE: standard error; iGlar: Insulin Glargine 100 Units/mL

Niemmoeller E et al. Diabetes Ther. 2018 Feb;9(1):373-382

Soliqua Provides Similar Treatment Response Irrespective of T2DM Duration and BMI

Similar treatment response irrespective of T2DM duration and BMI



Soliqua significantly reduced HbA1c vs. iGlar regardless of T2DM duration or BMI

Data are mean \pm SE. Treatment comparison p -values based on two-factor ANOVA (with last observation carried forward) compared with iGlarLixi

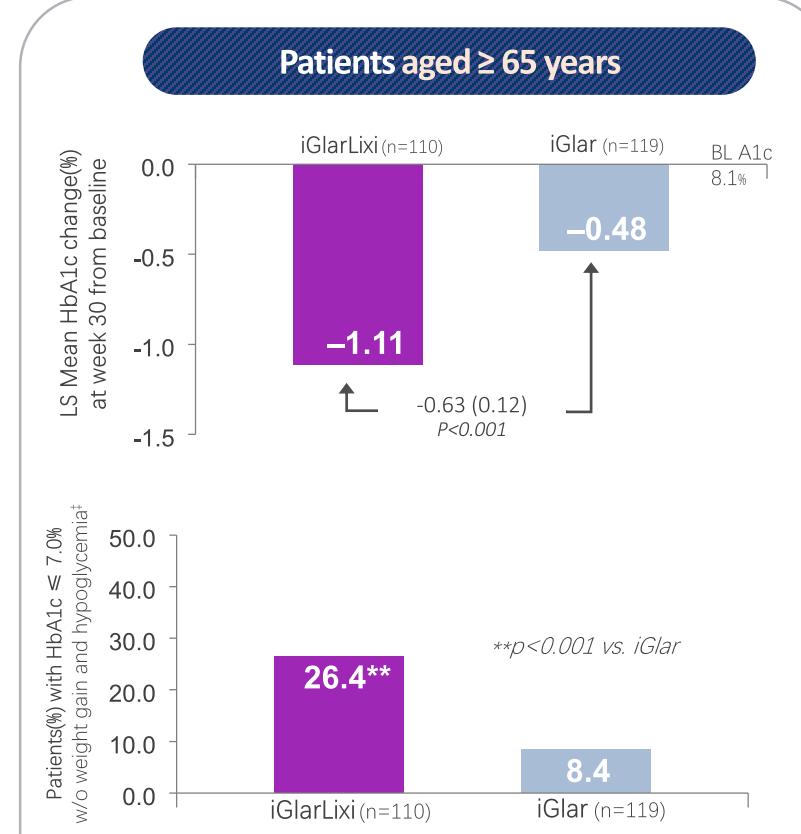
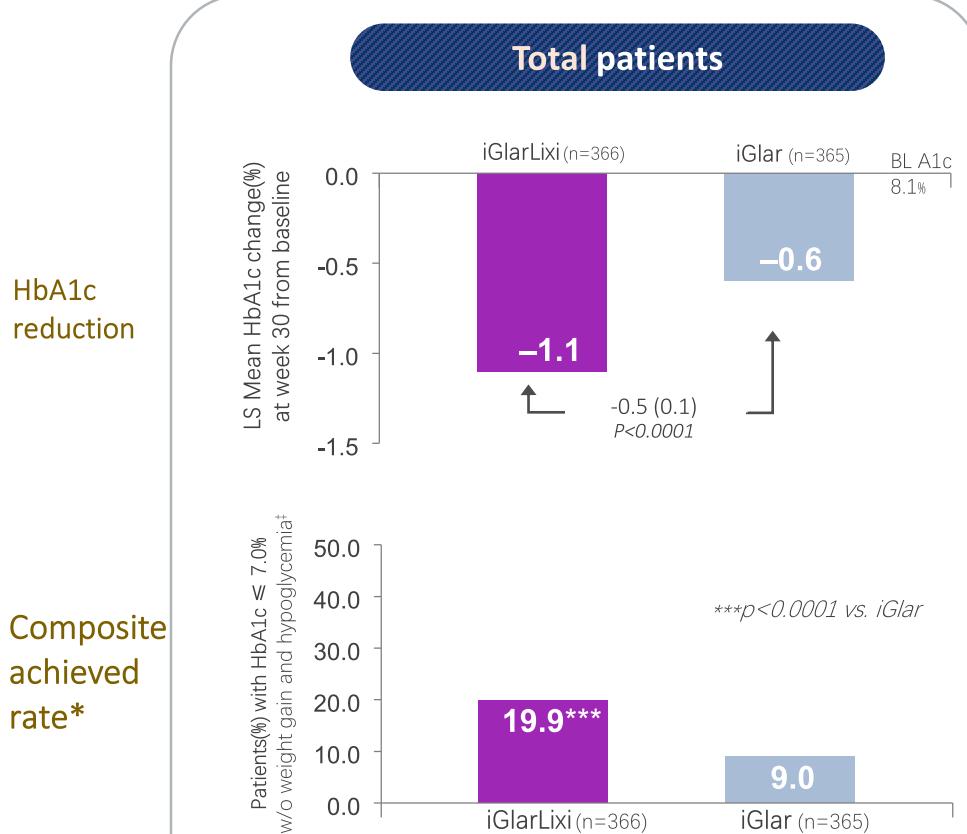
* $p=0.001$, ** $p<0.0001$ for iGlarLixi vs iGlar (indicated by arrows and asterisks)

[†]Between-subpopulation comparison $p<0.0001$; heterogeneity was assessed and all p -values for heterogeneity were not significant ANOVA, analysis of variance;

BMI, body mass index; HbA1c, glycated hemoglobin;

SE, standard error; T2DM, type 2 diabetes mellitus; iGlar: Insulin Glargine 100 Units/mL

Soliqua Provides Similar Treatment Response for Elderly Patients



Consistent superiority of Soliqua vs. iGlar in patients(%) reached target A1c w/o weight gain and hypoglycemia in elderly

*Composite of A1c < 7.0% + no weight gain + no documented symptomatic hypoglycemia.)

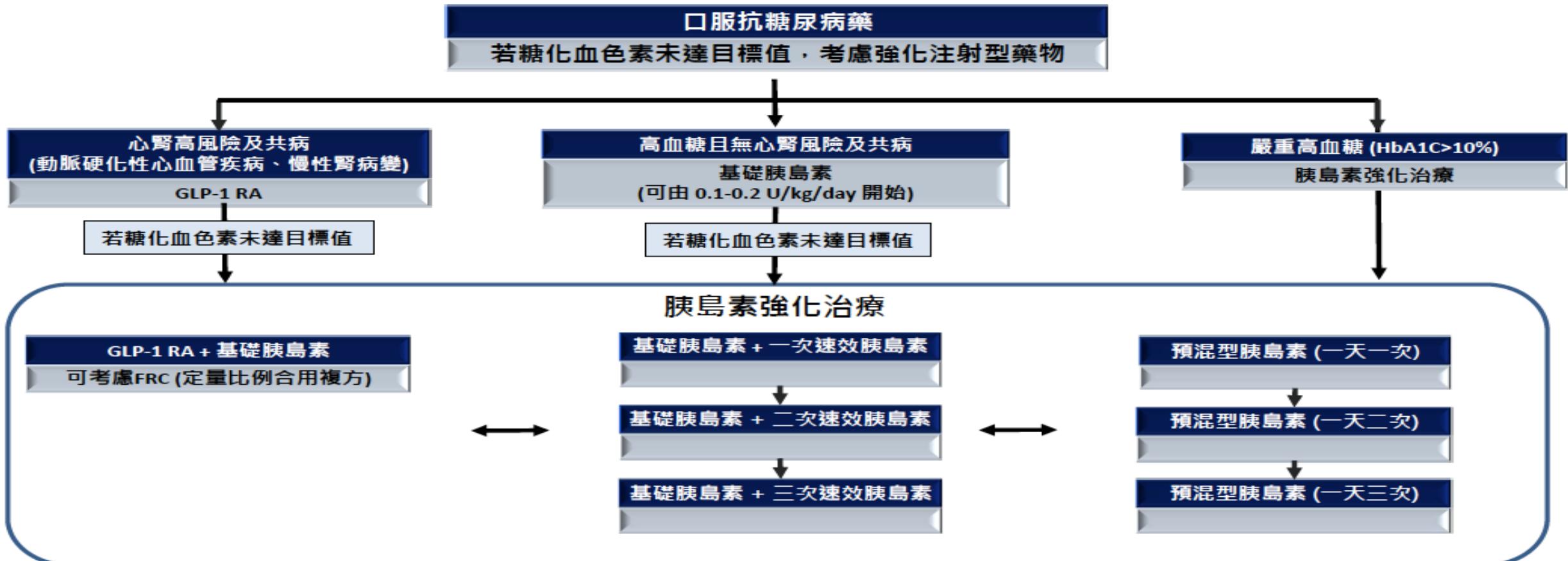
Handelsman Y et al. ADA 2016, Poster 954. Available at <https://ada.scientificposters.com/epsAbstractADA.cfm?id=1> (as of 2018-07-20)

LixiLan-L: Adverse Events

<i>Patients with:</i>	iGlarLixi (n=365)	iGlar (n=365)
Nausea	10.7%	0.5%
Vomiting	3.6%	0.5%
Diarrhea	4.4%	2.7%

- Both treatments were well tolerated
- Safety profile of iGlarLixi generally reflected the established safety profiles of its components
- GI disorders were more common with iGlarLixi, were generally mild to moderate, and led to very few discontinuations (1.1%)

第2型糖尿病人注射型藥物的治療流程圖 (2020)



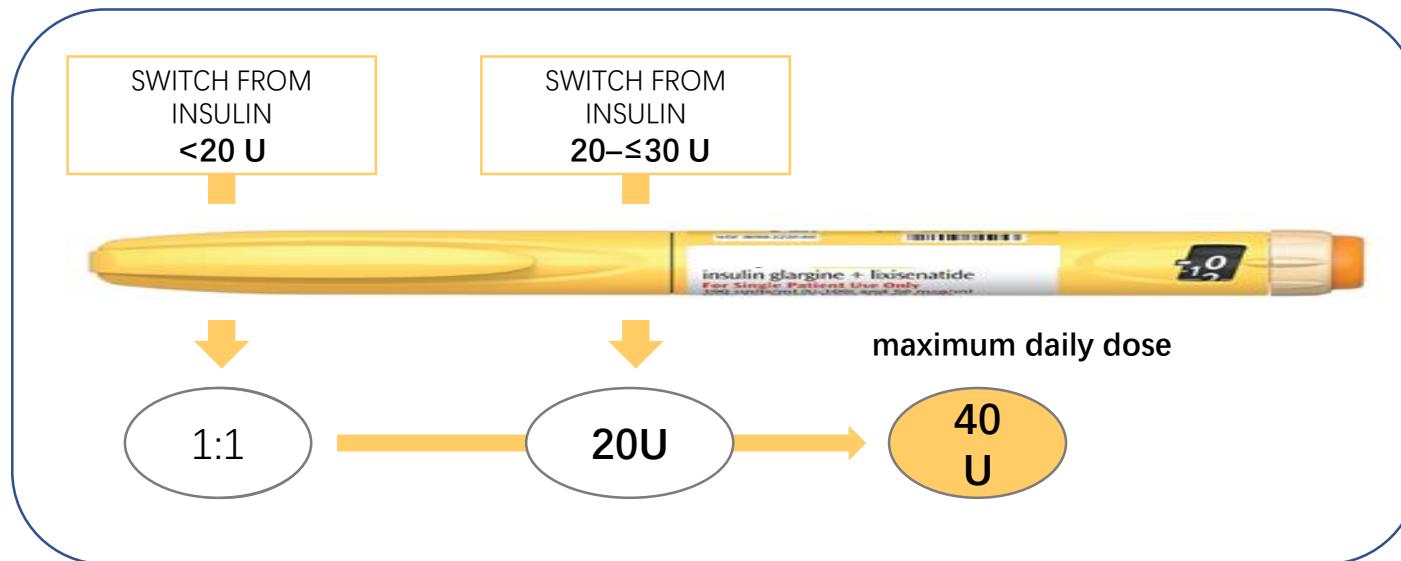
修改自2020年美國糖尿病醫學會糖尿病照護建議

劑量及用法

起始劑量

Soliqua開始給藥前應先停用基礎胰島素或lixisenatide。

Soliqua的起始劑量乃依先前的抗糖尿病治療而定，且 **lixisenatide的起始建議劑量不得超過10 μ g**：



**若使用不同的基礎胰島素：

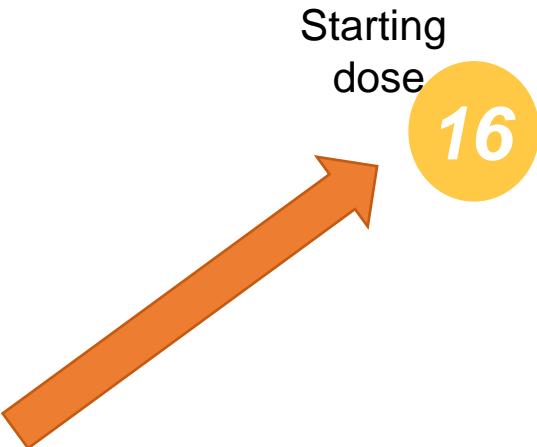
- 若基礎胰島素為每日給藥2次或使用insulin glargine (300 units/mL)，則先前給藥的**每日總劑量應下調20%**以作為Soliqua起始劑量的選擇依據。

Example for Patients Switching from Insulin Glargine 300 U/mL Dose **Less** Than 20 Units

Switching from previous dose of **20 U/day insulin glargine U300**



Reduce the dose by 20% to get starting dose of iGlarLixi



Insulin glargine	Lixisena tide
10 U	5 ug
11	5.5
12	6
13	6.5
14	7
15	7.5
16	8
17	8.5
18	9
19	9.5
20	10
21	10.5
22	11
23	11.5
24	12
25	12.5
26	13
27	13.5
28	14
29	14.5
30	15
31	15.5
32	16
33	16.5
34	17
35	17.5
36	18
37	18.5
38	19
39	19.5
40	20

10–40 Pen
(2 U:1 µg ratio)



Example for Patients Switching from Insulin Glargine 300 U/mL Dose Higher Than 20 Units

Switching from previous dose
of **30 U/day insulin glargine
U300**

Reduce the total dose by 20% to
get starting dose of iGlarLixi
(=24 Units)

Check label to determine starting
Soliqua dose based on this reduced
total daily dose (e.g. ≥20–<30 U/day
starts at 20 U/day of iGlarLixi)

Starting
dose
20

Insulin glargine	Lixisenatide
10 U	5 ug
11	5.5
12	6
13	6.5
14	7
15	7.5
16	8
17	8.5
18	9
19	9.5
20	10
21	10.5
22	11
23	11.5
24	12
25	12.5
26	13
27	13.5
28	14
29	14.5
30	15
31	15.5
32	16
33	16.5
34	17
35	17.5
36	18
37	18.5
38	19
39	19.5
40	20

10–40 Pen
(2 U:1 µg ratio)

lixisenatide的起始建議劑量
不得超過10µg



特殊族群

老年人(≥65歲)

Soliqua可使用於老年病人。劑量的調整因人而異，必須視血糖監測情況而定。老年人的腎臟功能逐漸變差，因此有可能導致胰島素的需求穩定下降。Lixisenatide的劑量不需隨年齡調整。Soliqua使用於75 歲病人的治療經驗有限。

兒童

Soliqua無使用於兒童之相關資料。

肝功能不全

肝功能不全病人不需調整lixisenatide之劑量。肝功能不全病人，胰島素需求量有可能因糖質新生(gluconeogenesis)的能力下降及胰島素代謝降低而減少。肝功能不全病人使用Soliqua時，可能需頻繁監測血糖並調整劑量。

腎功能不全

嚴重腎功能不全及末期腎病病人不建議使用Soliqua，因為lixisenatide在這些病人身上的治療經驗不足。

輕度或中度腎功能不全病人不需調整lixisenatide之劑量。

腎功能不全病人，胰島素需求量有可能因胰島素代謝下降而減少。

輕度至中度腎功能不全的病人使用Soliqua時，可能需頻繁監測血糖並調整劑量。

懷孕

Soliqua不應在懷孕期間使用。若病人想要懷孕或已經懷孕，應停用Soliqua。

儲存條件

架儲期

- 24 個月
- 首次使用後的注射筆：

	儲存溫度	儲存天數
第一次使用後的注射筆，請選擇一項儲存溫度，並依照相對應之天數儲存：	放在低於25°C之室溫，不可冷藏，不可冷凍。	至多保存28天，如未使用完應丟棄。
	放在低於30°C之室溫，不可冷藏，不可冷凍。	至多保存14天，如未使用完應丟棄。

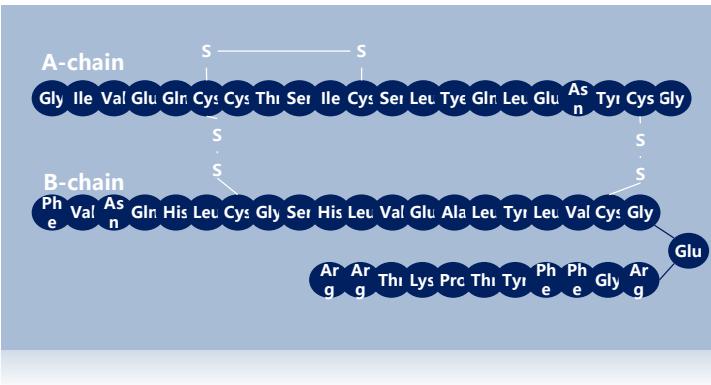
- 儲存時應拔下針頭。
- 注射筆之儲存應遠離直射熱源或光源。每次注射完畢應套回筆蓋以避免光照。

儲存之特別注意事項

- 未使用過的注射筆
- 應儲存於冰箱(2°C - 8°C)。
- 不可冷凍或放在冷凍室旁或冰袋旁。
- 預填注射筆應存放在原有的外盒內以避免光照。

Summary: Less is More

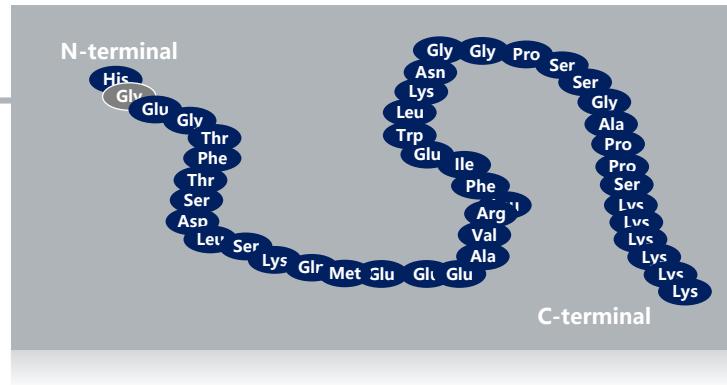
Basal insulin (Glargine 100 U/mL [Lantus])



- ✓ 同時控制飯前及飯後血糖
 - ✓ 有效降低HbA1c
 - ✓ 幫助更多病人達到血糖控制目標
 - ✓ 減少因為basal insulin增的體重
 - ✓ 不增加低血糖發生 vs. basal insulin
 - ✓ 減少腸胃道副作用發生 vs. GLP-1RAs

Short-acting GLP-1RA

(lxisenatide)



Less	More
Needle Burden	HbA1C Reduction
Weight Gain	PPG Reduction
GI Side Effect	Compliance

Soliqua 健保給付 2019/07/01生效

適應症

- Soliqua適用於基礎胰島素(每日劑量少於60單位)或lixisenatide治療時血糖控制不佳的第二型糖尿病成人病人，在飲食與運動外，做為改善血糖之輔助治療

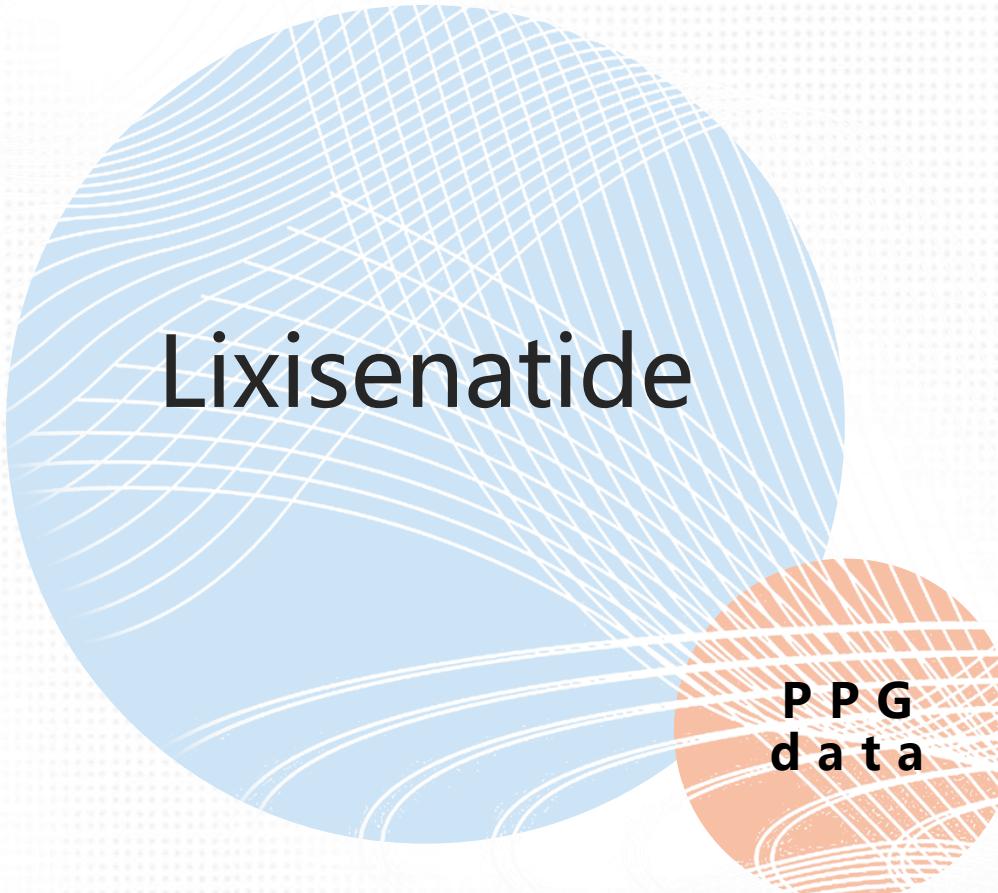
健保核價

- 本案藥品為健保已收載長效型胰島素insulin glargine成分，合併GLP-1促效劑lixisenatide成分之複方製劑，可增加臨床醫師及病患用藥選擇，**同意納入健保給付**，屬第2B類新藥，**支付價均核為每支1,215元***

給付條件

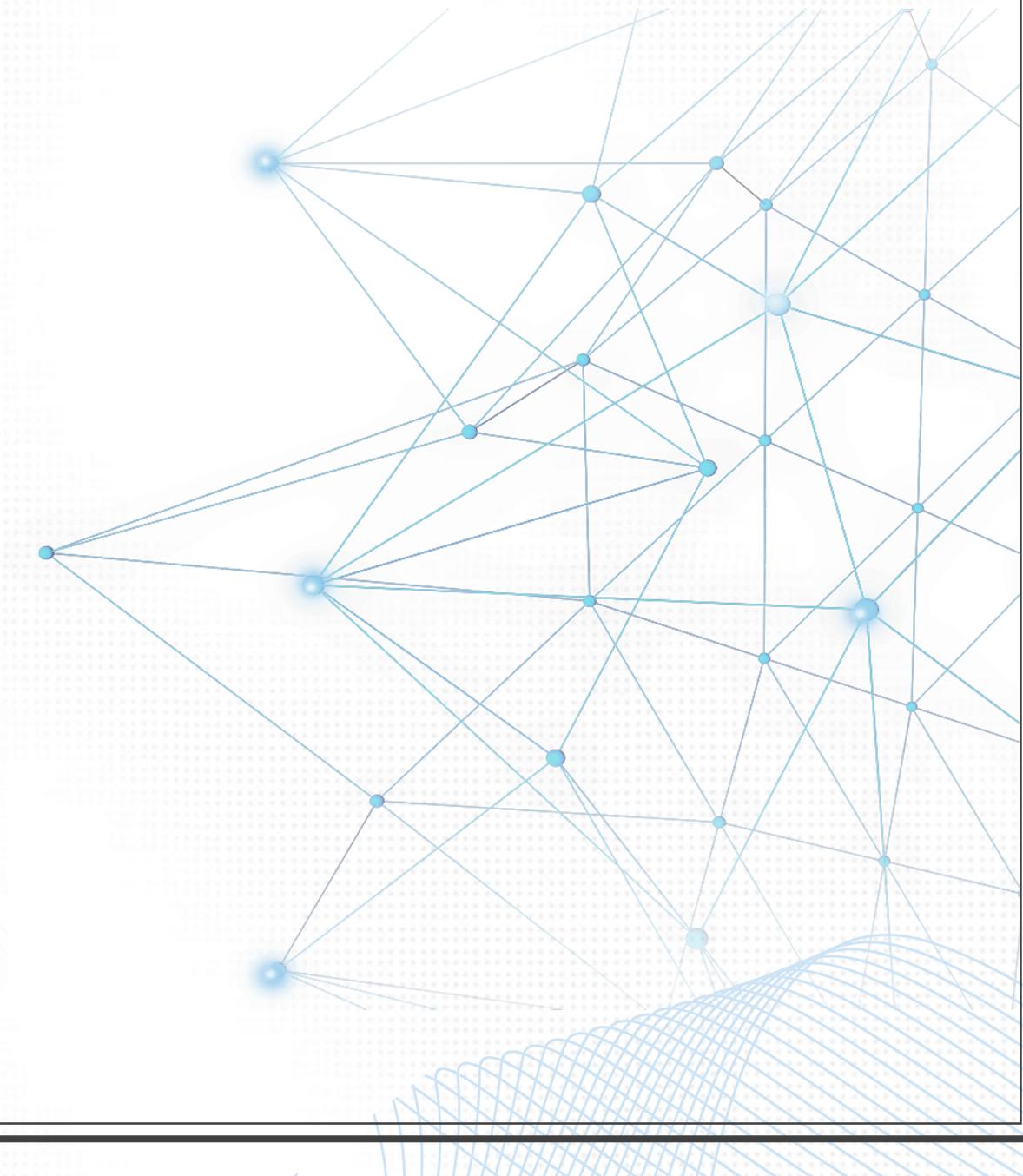
- 含 lixisenatide 及 insulin glargine 之複方製劑(如 Soliqua)
 1. 限用於第二型糖尿病成人病人，當患者已接受 lixisenatide 或**基礎胰島素治療仍未達理想血糖控制時，與口服降血糖藥物併用**
 2. 本藥品**不得與DPP-4 抑制劑、SGLT-2 抑制劑併用**

Q & A

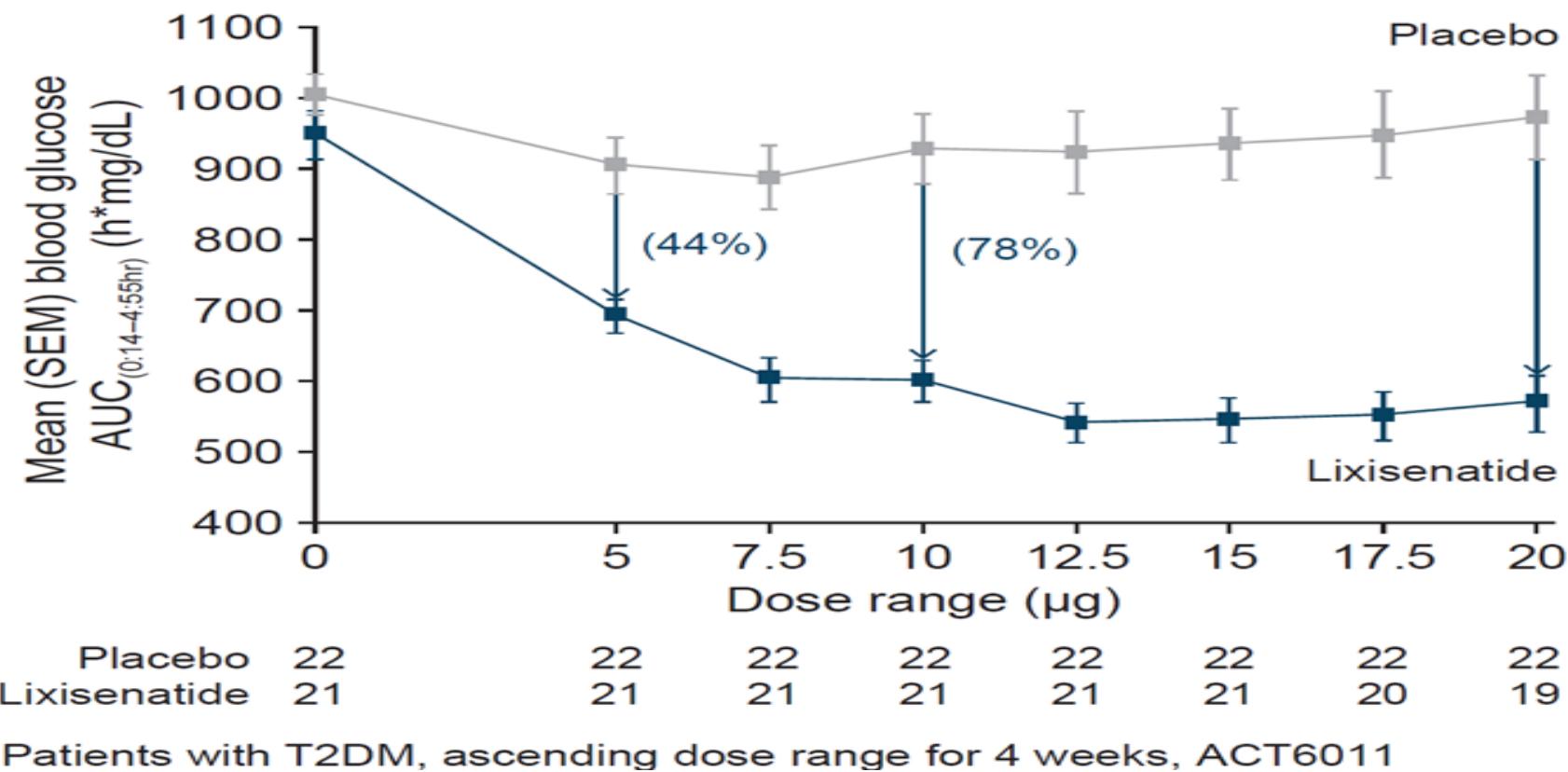


Lixisenatide

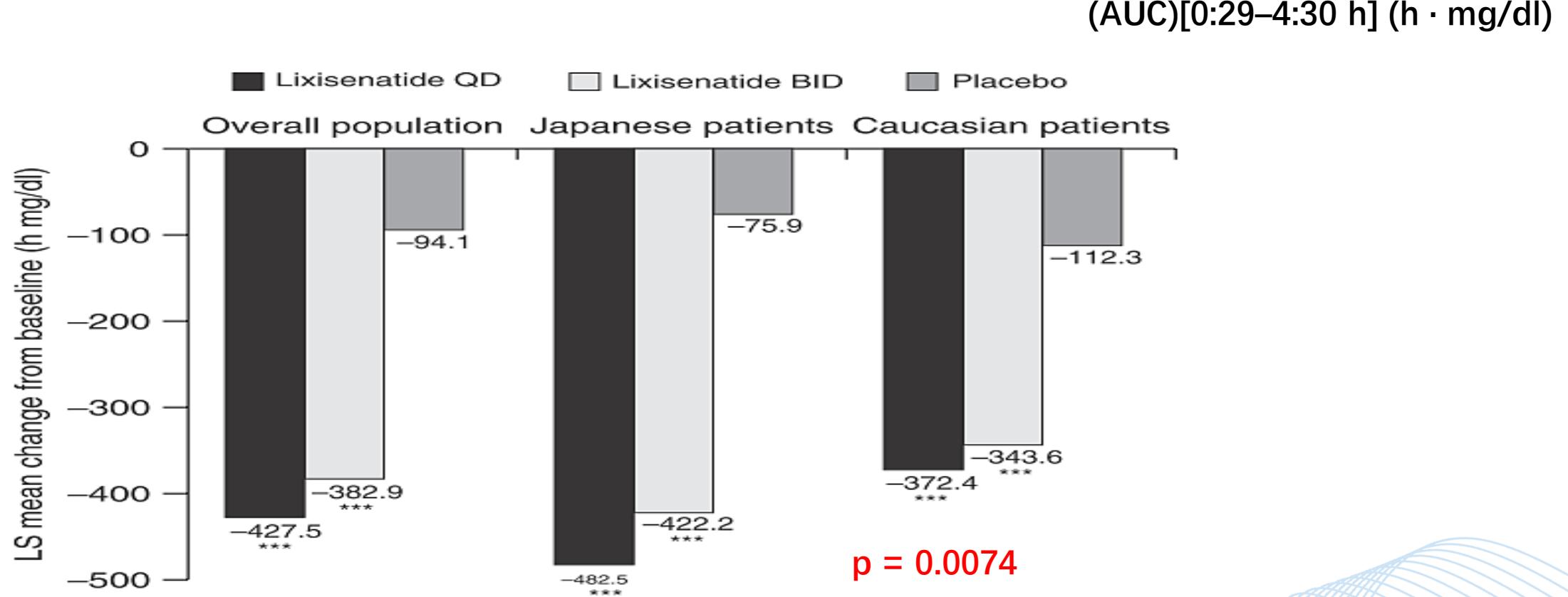
PPG
data



10 µg Lixisenatide Provides ~80% PPG Lowering Effect in Patients with T2DM

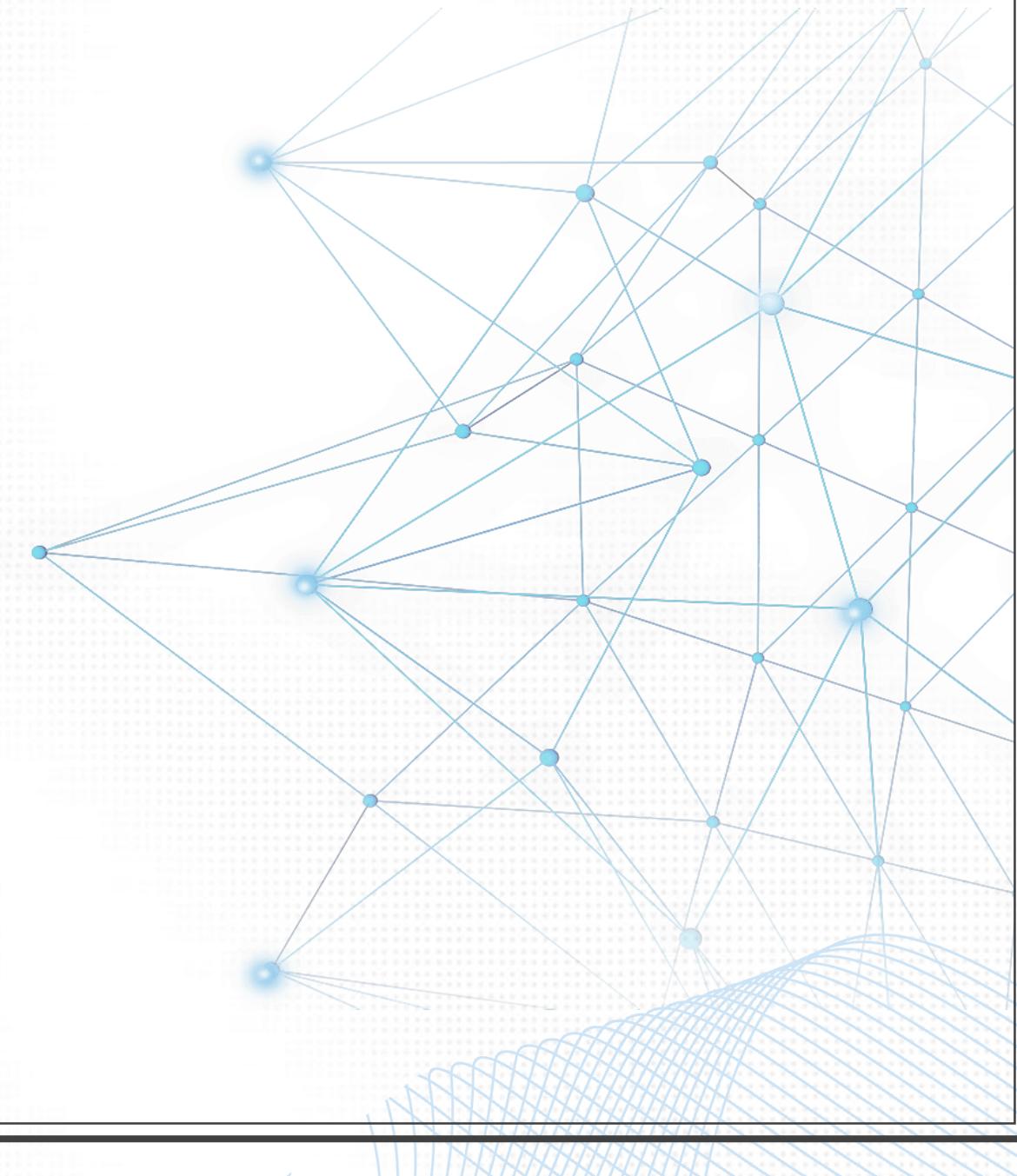


Change from Baseline in PPG Area Under The Curve* After a Standardized Breakfast



Lixisenatide

Main
meal
data

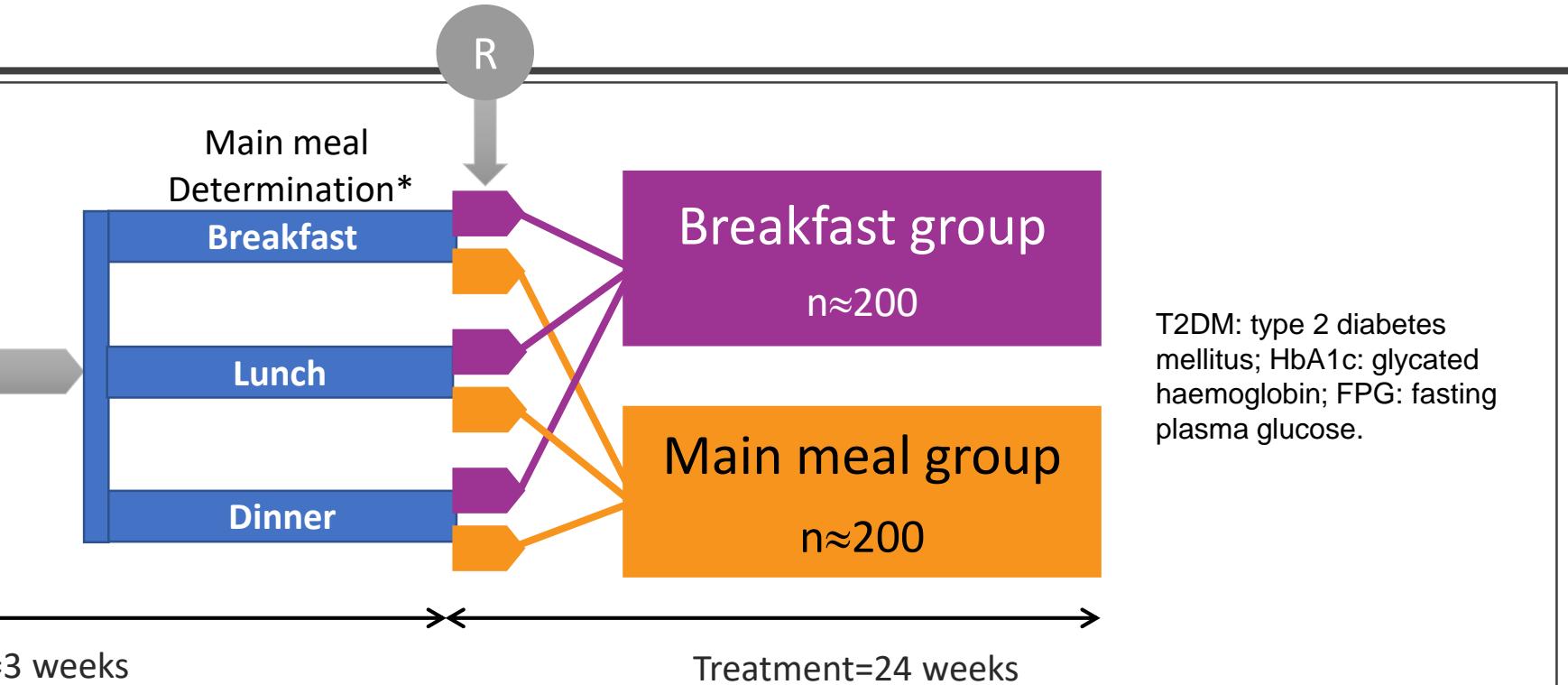


Lixisenatide Main Meal Study

Study Design

Inclusion criteria:

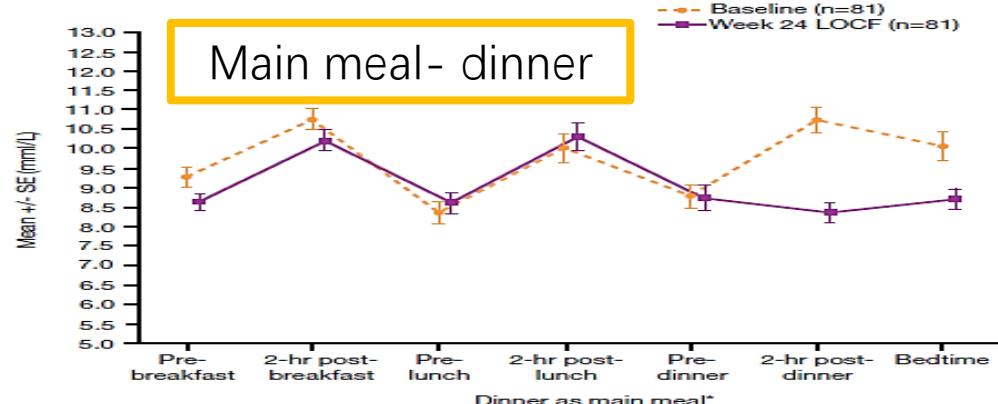
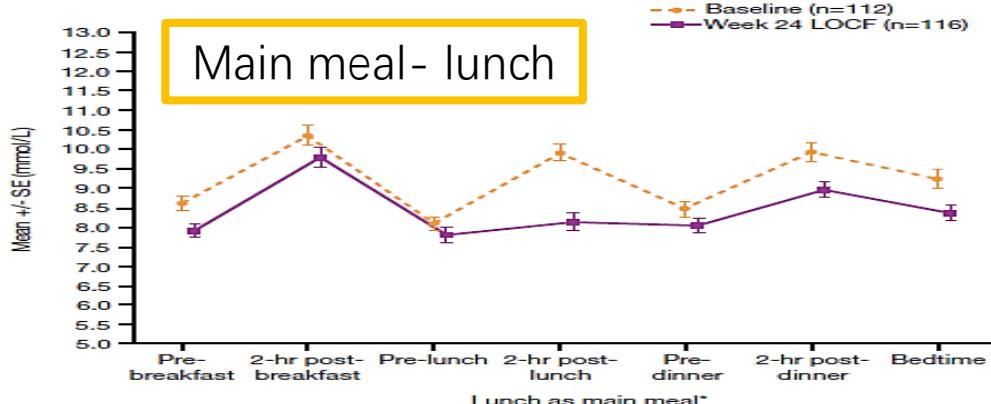
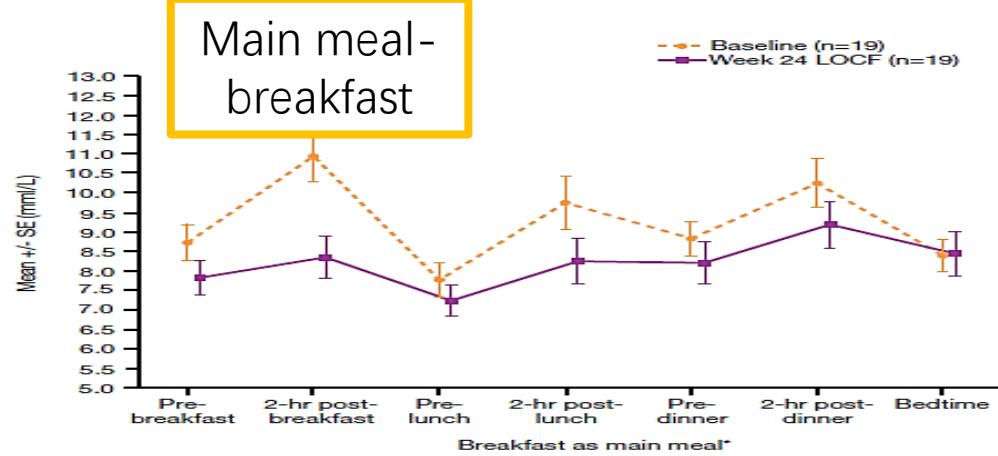
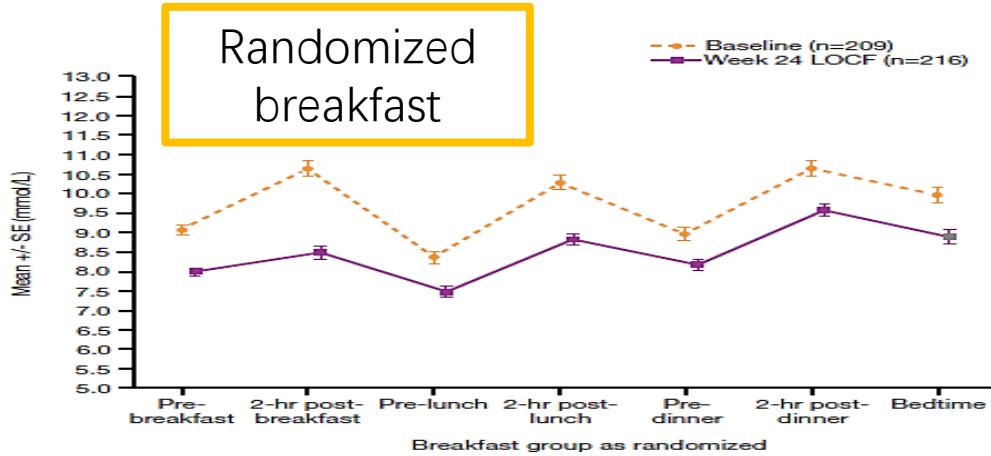
- T2DM >1 yr
- HbA1c > 7.0 to ≤10%
- FPG ≤ 250mg/dL
- Pre-treatment >3 months
Metformin 1.5 g/d



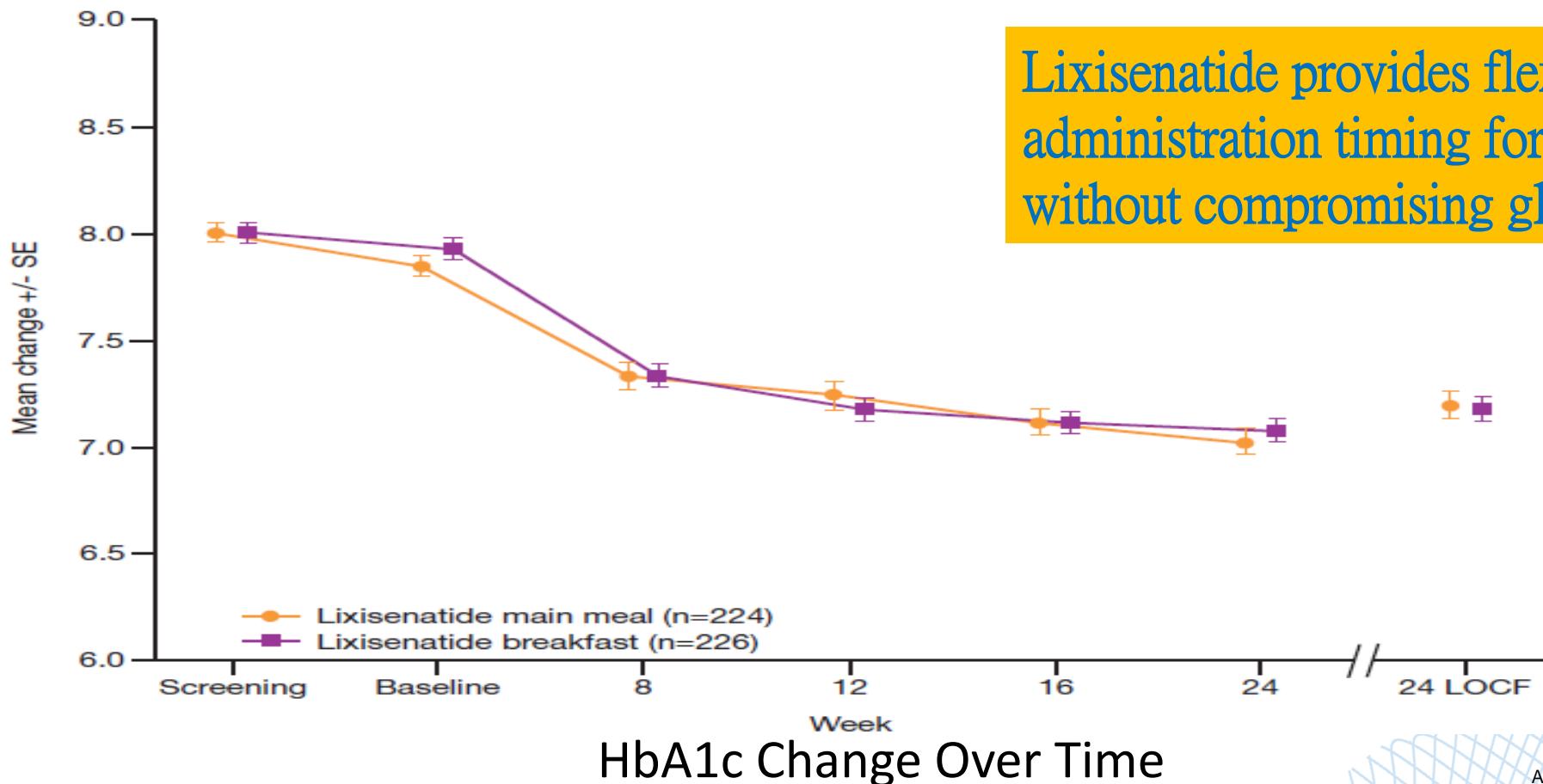
T2DM: type 2 diabetes mellitus; HbA1c: glycated haemoglobin; FPG: fasting plasma glucose.

- Main mealtime determined by asking patients the following question:
"On most days, at which meal do you eat the largest amount of food?"
- *The main meal of the day was also independently determined by a dietitian. And it is consistent with patients' awareness.

7-Point SMPG Profiles at Baseline and Week 24 (mITT population)



Comparable HbA1c Reduction in Breakfast Arm and Main Meal Arm



Lixisenatide provides flexibility of administration timing for patients without compromising glycemic control